

# Friday Post

Friday 23rd May 2025

## Our School Value: Service

**Key verse:** God has shown you his grace in giving you different gifts. And you are like servants who are responsible for using God's gifts. So be good servants and use your gifts to serve each other. **Peter 4:10**

Dear Families,

The last four weeks have flown by as we head into May half-term!

Thank you to all who joined us for our celebration worship this morning - the singing was a highlight and we love to gather together as a wider community. It is always a great opportunity to celebrate the half-term's value and our Champions who have gone above and beyond in demonstrating it. Thanks also go to Chris Beardmore for her on-going support in school with whole school worship and Chair of our LAC Katrina Gibson who joined our celebration.

Over the last half-term, our PSHE learning has focused on diverse Britain. We have been exploring what makes our country a fantastic place to live and have learnt about the importance of celebrating our differences. We will be continuing this learning after half-term as we focus on our final value for the year which is respect.

After half-term we have much to look forward to. Staff will be completing training on High Quality Teaching and Learning with colleagues from the Trust on our INSET day - June 2nd. We have Mrs Stafford spending more time in school on June 4th as she starts to support with the SENCO role.

We also look forward to transition events, sports day and attending the annual Perkins Eco-Awards! Keep checking the Friday Post and your emails for all the information you will need.

Have a wonderful half-term,

Miss Phillips



A huge thank you from class Owls to Ruby Chapman-Murphy who has completed her work experience this week. We will miss you!



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St Leonard's First School & Nursery,  
School Lane, Dunston, ST18 9AG  
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## YEAR 3

These will be in their reading diary today.  
They are individual to each child.

### Foxes 'parent learn with me' workshop



Mrs. Carrington is inviting one parent per family to attend a Times Tables workshop. There are 12 spots available for Thursday, June 5th. Interested parents can sign up on the sheet located in the school reception area.

## YEAR 4

Common Exception words

guide  
heard  
heart  
height  
history

imagine  
important  
increase  
interest  
island

In Science Owls have been investigating floating and sinking. Miss Laing was very impressed at how well they articulated their theories and predictions. The most interesting thing we found out was that an unpeeled satsuma floats but a peeled one sinks! Does this always happen? Perhaps you could investigate this at home.



After half term we are learning

**'I'm so Blessed'**

[I'm So Blessed ☑ Sing-along Kids Worship Video with Kids Choir #blessed #sundayschool \(CAIN Cover\)](#)

Click the link above to find the lyrics & music

### Year 2 parent workshop

Miss Laing invites parent/carers who have a child in Year 2 to join her for a 'Learn with Me' workshop on **Tuesday 17th June** at 9am (for approx 30 minutes)

The workshop will focus on how to support your child with their writing.

Please sign up on the sheet in the entrance hall.



In Art Foxes have been creating backgrounds in preparation for creating our own rainforest art. The children used blending techniques to mix a blue-green colour pallet. They will be building on these after half-term to produce a rainforest inspired piece of artwork inspired by the work of Henri Rousseau.





In art this week, Owls have been busily creating their Lowry-style industrial landscapes.





Use your child's home learning tasks below to support their learning outside of school. Tasks should be brought in throughout the half-term to be shared and celebrated in class.

Thank you!

### Hedgehogs:

**Art** - Make a balloon model of planet Earth or the Sun.

**Science 1** - Make a mini terrarium in a see-through container

**Geography** - Visit a local river, lake or go on a walk on the Chase.

**Science 2** - Plant a sunflower seed and observe what happens by keeping a plant diary.

**English** - Continue to practice mark-making, letter formation, name writing, labelling and phrase/sentence writing.

**English 2** - Visit the library and find information books about our planet.

**Maths** - practise forming numbers correctly, play with jigsaws and board games and arrange 10 objects in different ways.

### Owls:

**Geography/Writing** - Write a postcard to Miss Laing from a seaside location which you have visited. Tell her about the things you saw and did.

**DT/Science** - Design and make a boat which floats using a range of junk materials.

**Science** - Test a range of everyday objects to see if they float or sink. Make a prediction before you test each object.

**Geography** - Either think about two coastal locations which you have visited or research two coastal locations online (either in the UK or abroad) Compare the two locations thinking about similarities and differences.

**Maths** - Numbots/TTRockstars - Little and often is best

### Foxes:

**Design your own Rainforest animal** Invent your own rainforest creature. Draw or make your animal and write a description of it. This must be at least half a side of A4. Think about: - what it is like; - where it lives (which layer of the forest); - what it looks like; -

**People of the Rainforest** Find out about a tribe who live in the Rainforest. - Where do they live? - Do they have houses? - What do they eat? - How do they get their food? - What do they wear? - What language do they speak? - Do children attend school? Be creative with the presentation

Find out about products which come from the Rainforest. - Identify what they are used for and who uses them. Which of these products do you use in your home? - How far have these products had to travel for you to use them? Present your findings on a fact

**Save the Rainforest!** An area of rainforest the size of a football field is being destroyed each second. Create a poster or a leaflet to persuade people to help protect the Rainforest. Think about: - Why are they cutting down the rainforests? Who is doing this? - Who does it affect? -

All children should be heard reading their school book a minimum of 4 times a week. Re-reading a book helps develop fluency and comprehension.

Books will be changed on **Tuesdays** and **Fridays**.



# *Champions of Service*



# Attendance figures

School Attendance 19th - 23rd May 2025

Hedgehogs 97%

Whole School 97%

Owls 99%

Foxes 96%

The National target for attendance, as set out in guidance from the DFE is 95%

Please note fixed penalty notice referrals **will** be made to the Local Authority for term time holidays.

## Impact of lateness



Over a school year –

5 minutes late every day = 3 days absent

15 minutes late every day = 10 days absent

30 minutes late every day = 19 days absent

Pupils arriving late miss valuable teaching and learning time and it can contribute to them becoming anxious when they enter the classroom late.

## Achievements from home



Football



Gymnastics



Gymnastics



Swimming

If your child has recently received an award they would like to share with us, eg swimming, football, dance, Beavers, Brownies etc please send them into school & we will share them during our Celebration Worship on Friday.

## PE Days

Please make sure your child has their PE kit in school on the relevant days.

Hedgehogs - Fridays   Owls - Thursdays & Fridays   Foxes - Tuesdays & Thursdays

Please tie long hair back and children who wear earrings **MUST** remove them in advance of school if they can not remove them, themselves.

**PLEASE NOTE: Foxes your PE days have changed**



## Foundation

## Governor

## Vacancy



A vacancy has arisen for a Foundation Governor on our Local Academy Council (School Governing Board)

Like all LAC members (Governors) Foundation Governors work to support the Headteacher and staff and they have a special responsibility to support the Christian ethos of the school.

You will be expected to attend Governor's meetings which happen after school hours and to also visit school so that you are aware what is happening in classrooms talking to both staff and children.

Although preference may be someone from our parish church, we are grateful for the support of anyone who maybe outside our parish. Successful candidates must be over 18 years of age and will need to have a DBS check which will be organised through the school office.

If you are interested in finding out more about the role, please contact:

Email: [office@st-leonards-dunston.staffs.sch.uk](mailto:office@st-leonards-dunston.staffs.sch.uk)

Tel: 01785 712488

# Weekly House Point Tally

Oak



117

Holly

105

Sycamore

94

Miss Phillips will be asking the children's thoughts on the following question during Worship on Friday.

# BIG QUESTION

## Can reading be as exhausting as going for a run?



Monday 2nd June is inset day. School is closed to pupils. We look forward to welcoming you all back on Tuesday 3rd June.

PRAYER 3-in-a-row			
Sorry God for...	Thankyou God for...	God please bless...	Sorry God for...
Thankyou God for...	God Please bless...	Thankyou God for...	God please make ... better
God please make ... better	Thankyou God for ...	Sorry God for...	Thankyou God for...
God please bless...	God please make ... better	Thankyou God for...	God please bless...

Pick a square and pray for what is in it. Put your counter there. The first person with 3 spaces in a row is the champion!



### Mr H's PE Stars

Whole of class Foxes

- Jarrold
- Matilda
- Ruby
- George
- Mason EH
- Erin Bol

Well done!



In Maths, Foxes have been learning about time. The year 4's had to estimate how long it takes to get to 1 minute before they could lift their head!

**Vacancy:**

At the end of the school year we will be saying good bye to Miss Thomson as she begins her teacher training. We will therefore be advertising to her role for September, the details of this can be found on our website.



## HEDGEHOGS



We have been looking at human features around the world and understanding how humans have changed our planet. In our picture news we found out how forest fires can be started by humans. In RE we continued to find out about our church and made stained glass windows for our classroom. In maths Nursery have been making their own repeating patterns and Reception have been building their understanding of numbers beyond 10.





### Our Safeguarding Team

Miss Phillips is our Designated Safeguarding Lead

Miss Laing is our Deputy Safeguarding Lead

Should you hear or see something that concerns you, please contact the office to speak to either of them.



Cost - Nursery, Year 3 & Year 4

The cost of a school meal for children in Nursery, Year 3 and Year 4 is **£3.20**

## WC 2nd June 2025 - Week THREE



	WEEK ONE	WEEK TWO	WEEK THREE
MONDAY	Margherita Pizza with Jacket Wedges (V) Veg of the Day Chocolate Shortbread (Ve)	Margherita Pizza with Jacket Wedges (V) Veg of the Day Vanilla Shortbread (Ve)	Margherita Pizza with Jacket Wedges (V) Veg of the Day Saltana Shortbread (Ve)
TUESDAY	BBQ Chicken Tortilla with Golden Rice Veg of the Day Pineapple Upside Down Cake (V)	Sausages with Mash & Gravy Veg of the Day Iced Carrot Cake (V)	Chicken Meatballs with Mash & Gravy Veg of the Day Apple Sponge (V)
WEDNESDAY	Roast of the Day with Roasties & Gravy Veg of the Day Fresh Fruit Salad (Ve)	Roast of the Day with Roasties & Gravy Veg of the Day Fresh Fruit Salad (Ve)	Roast of the Day with Roasties & Gravy Veg of the Day Fresh Fruit Salad (Ve)
THURSDAY	Italian Sausage Pasta Bake Veg of the Day Saltana Flapjack (Ve)	Mac & Cheese (V) Veg of the Day Apple Flapjack (Ve)	Penne with Beef Bolognese Veg of the Day Flapjack (Ve)
FRIDAY	Fish Fingers or Salmon Fish Fingers with Chips Veg of the Day Custard Rice Pudding (V)	Fish Fingers or Salmon Fish Fingers with Chips Veg of the Day Vanilla Ice Cream with Banana (V)	Fish Fingers or Salmon Fish Fingers with Chips Veg of the Day Chocolate Brownie (V)
	24/2/25, 17/3/25, 7/4/25, 28/4/25, 19/5/25, 9/6/25, 30/6/25, 21/7/25	3/3/25, 24/3/25, 14/4/25, 5/5/25, 26/5/25, 16/6/25, 7/7/25	10/3/25, 31/3/25, 21/4/25, 12/5/25, 2/6/25, 23/6/25, 14/7/25

Choice of **Classic Tomato Pasta** or **Filled Jacket Potatoes** also available daily along with freshly baked bread, salad, fresh fruit, yoghurts, jelly and fresh drinking water.

V - Vegetarian - Ve - Vegan



### No nuts please

Please note due to children in school with allergies please do not send any products containing nuts into school for break or lunch times. Thank you for your co-operation.

# dates to Remember

Monday 26th May	Half Term
Friday 30th May	
Monday 2nd June	Inset Day - School closed to pupils
Thursday 5th June	Year 3 & 4 parent timetables workshop (12 spaces) - 9am - 9.30am
Wednesday 11th June	Perkins ECO Day - by invite Choir Club cancelled due to Miss Phillips being on a trip - if needed children can transfer into Ark
Tuesday 17th June	Year 2 parent workshop - 9am
Friday 20th June	Sports Day & Family picnic - <b>No Rounders Club</b>
Friday 18th July	Last day of school - finish at 1.30pm
Tuesday 22nd July	Summer Holidays
Friday 29th August	



Children should arrive at school in clothing suitable for getting muddy on their Forest school day. Please also send your child with a sun hat/ waterproof clothing depending on the weather!

4/06/2025	11/06/2025	18/06/2025	25/06/2025	02/07/2025	09/07/2025
Nursery	Reception	Year 1	Year 2	Year 3	Year 4



Don't forget to keep up to date by following us on ..



<https://www.st-leonards-dunston.staffs.sch.uk/>



**Family Hub**  
Staffordshire

Discover ways to  
reduce parental  
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useful resources



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# THE MENTAL HEALTH SUPPORT TEAM IN SCHOOLS ARE **OPEN** OVER THE SCHOOL HOLIDAYS

Monday 26th - Friday 30th May  
(excluding weekends and bank holidays)

If your child is experiencing low level mental health difficulties, we may be able to help. Call us\* between 9am - 5pm (Monday to Friday), leave your name and number and one of our practitioners will give you a call back to see what support we can offer.

We can help with:

- Low mood
- Anxiety
- Sleep difficulties
- Worry
- Panic

Burton and Uttoxeter  
01283 504487

Cannock and Lichfield  
01283 352113

Stafford  
01283 352097

Tamworth  
01785 301027



\*Please note that these contact numbers are not to be used in an emergency.

## STAFFORD MHST

### Schools we work with:

- Burton Manor Primary School
- Castlechurch Primary School
- Doxey Primary & Nursery School
- Flash Ley Primary School
- John Wheeldon Primary Academy
- King Edward VI High School
- Penkridge Middle School
- Sir Graham Balfour School
- St. Leonard's C of E First School
- Stafford Manor High School
- Veritas Primary Academy
- St Patrick's Catholic Primary School
- St Leonard's Primary School
- St Austin's Catholic Primary School
- Walton Hall Academy
- Walton Priory Middle School
- Silkmore Primary Academy
- Marshlands School
- Blessed William Howard Catholic School
- Bailey Street Alternative Provision Academy
- St John's C of E Primary Academy
- The Weston Road Academy
- Tillington Manor Primary School
- Blessed Mother Teresa Catholic Primary School

@SouthStaffsMHST

# My Bravery Boot

## Purpose:

To help children recognise and reflect on their own bravery, both big and small moments, and identify ways to support themselves when they feel nervous or unsure. This activity builds self-awareness, confidence, and emotional resilience.

## Introduce the Concept of Bravery

Explain that bravery isn't about being fearless. It's about doing something even when we feel nervous or scared. Give examples relevant to children's lives (e.g. trying something new, asking a question, saying sorry).

## Share the Boot Worksheet

Hand out the A4 worksheet which includes a boot outline and reflective prompts. Read through the prompts with the group. You might want to model filling in your own boot to demonstrate.

## Support Reflection

Encourage children to talk with a partner or adult about times they've been brave. Some children may need support thinking of examples. Use scaffolding like "Did you ever try something new, even when you felt shy?" "Can you remember a time you stood up for yourself or someone else?"

## Allow Time to Complete

Children write or draw inside the boot using the prompts provided. They can decorate their boot with symbols of bravery (e.g. stars, flames, lightning bolts, capes, hearts). They can of course colour it in.

## Optional Extension

Children can cut out their boots (or keep them as full A4 sheets). Add bravery mottos or badges, or write on the back about someone they admire for being brave.

## Display Suggestions

Turn the Bravery Boots into a powerful, affirming visual display!

## Title Ideas

"Path of Courage"  
 "Every Step is a Brave Step"  
 "Boots of Bravery"  
 "Our Mighty Steps"

## Ways to Display

### Wall Path

Create a winding path or trail of bravery boots across a wall or corridor. Use printable "stepping stones" or "planks" to connect each boot. Label these with words like "Confidence", "Courage", "Kindness", "Trying Again".

### String Line Display

Peg boots onto string or ribbon, like bunting across the room. Add star or lightning bolt cut-outs in between for flair.

### Courage Climb

Display the boots climbing a "mountain" or up a "ladder" to show that bravery builds over time.

### Footsteps to Bravery

Have each boot placed next to a printed paper footprint. The footprint can say: "One brave step I took was..." or "My next step will be..."

### Interactive Bravery Wall

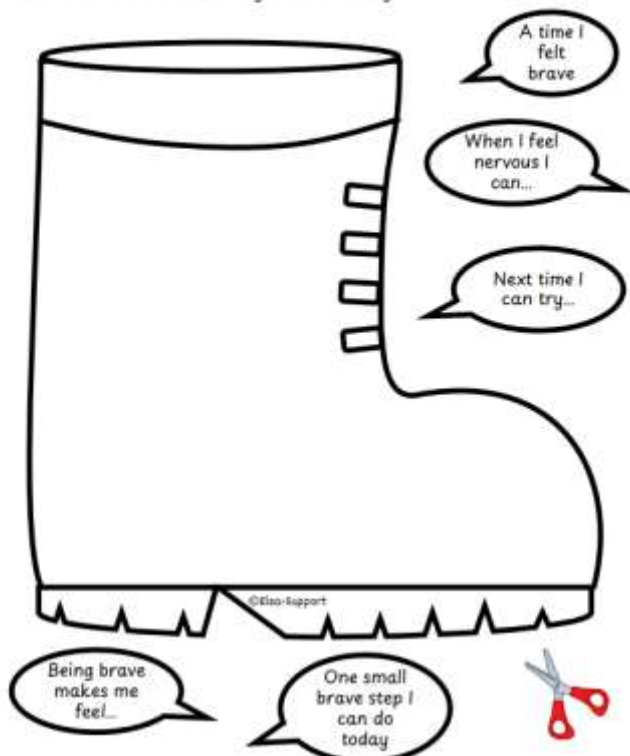
Keep spare boots available for children to fill in when they've done something brave in future - make it an ongoing classroom feature!



# My Bravery Boot

Every small step is a mighty step forward

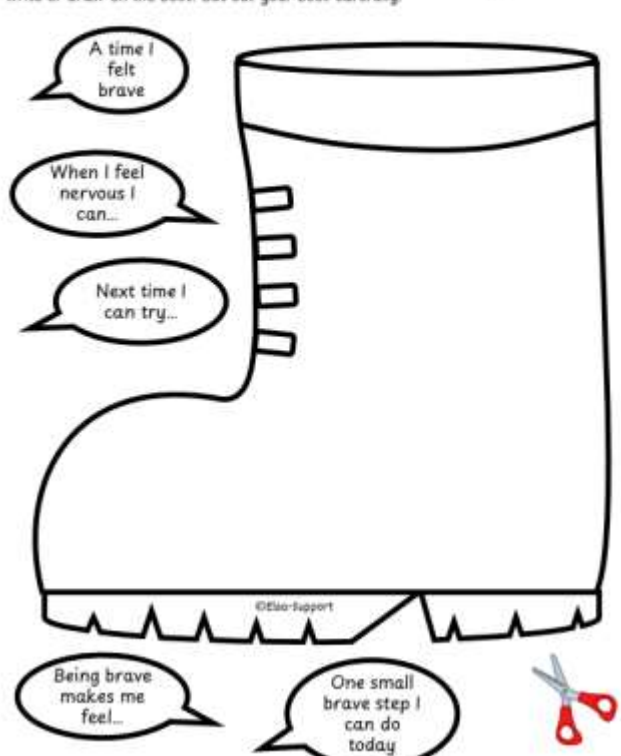
Everyone feels nervous sometimes. Being brave means doing something even when it feels a bit tricky or scary. Think about your own brave moments and what helps you feel strong. Then decorate your Bravery Boot to show how amazing you are! You can write or draw on the boot. Cut out your boot carefully.



# My Bravery Boot

Every small step is a mighty step forward

Everyone feels nervous sometimes. Being brave means doing something even when it feels a bit tricky or scary. Think about your own brave moments and what helps you feel strong. Then decorate your Bravery Boot to show how amazing you are! You can write or draw on the boot. Cut out your boot carefully.





[www.staffordsport.co.uk](http://www.staffordsport.co.uk)



## May Holiday Sports Clubs

At Blessed William Howard Catholic School



Tuesday 27th May to Friday 30th May



8.30am- 5.30pm - £26.50 per day  
10am-4pm - £24.50 per day  
\*Plus a small booking fee also applies



Staff are NGB qualified, DBS Checked and First Aid Trained.  
Staff employed by the Stafford Sports and Performance Academy  
07793891029 or email [holidayclubs@staffordsport.co.uk](mailto:holidayclubs@staffordsport.co.uk)

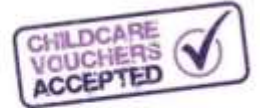


The days will be filled with sporting fun including football, rounders,, dance, cricket, badminton, table tennis and MORE.

IDEAL FOR AGES 5-13



[www.facebook.com/staffordsport](https://www.facebook.com/staffordsport)



To book a place please click on link below or QR Code:  
<https://eequ.org/experience/10978>



**Whitsun 2025**  
**BIG BOUNCE**  
Giant Indoor Inflatable Play Event

**MONDAY 26<sup>th</sup> MAY - WALSALL WOOD**  
Oak Park Active Living Centre

**TUES 27<sup>th</sup> MAY - STAFFORD**  
Stafford Leisure Centre

**WED 28<sup>th</sup> MAY - STOURBRIDGE**  
Crystal Leisure Centre

**THURS 29<sup>th</sup> MAY - CANNOCK**  
Chase Leisure Centre

**FRI 30<sup>th</sup> MAY - BLOXWICH**  
Bloxwich Active Living Centre

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All genders ages 4-13  
Sibling discount available

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