

# Friday Post

Friday 22nd November 2024

## Our School Value: Trust

**Key verse:** You, Lord, give true peace. You give peace to those who depend on you. You give peace to those who trust you. **Isiah 26.3**

Dear families,

A frosty week has brought much awe and wonder to school, along with cold fingers and toes! It is always a joy to see the children playing in the snow and on a frosty field.

Today, we have had a fantastic session with Chris Wood from Cheslyn Hay High School who ran a pentathlon workshop with a group of Foxes children. These children then took their learning and shared it with the rest of their class. It was great to see the way the children shared their new learning, encouraged their classmates, and took part in new sporting activities.

I enjoyed a morning with Owls yesterday - their phonics, maths and writing was fantastic! It is always a pleasure to spend time in classes, seeing the progress all children are making in lessons. They talk confidently about their learning and make thoughtful links between old and new topics.

Next week, Foxes are heading to the Ancient High House to further their history learning; we can't wait to hear how they get on! We also have our Light Switch On taking place, and will be gathering around the tree with Christingles before turning on the lights - always a favourite of our events!

Have a wonderful weekend,

Miss Phillips



Headteacher: Miss C Phillips,  
St Leonard's First School & Nursery,  
School Lane, Dunston, ST18 9AG  
Tel: 01785 712488

E-mail: [office@st-leonards-dunston.staffs.sch.uk](mailto:office@st-leonards-dunston.staffs.sch.uk)



This term in worship we are learning our  
Christmas songs:

**Sing Christingle** - [Sing Christingle](#)

**It was on a starry night** - [It was on a Starry Night](#)

**Jingle Bells** - [Jingle Bells with Lyrics](#) | [Christmas Songs HD](#) | [Christmas Songs and Carols](#)

*Click the links to hear the music*



## Christingles

Please can all children bring an orange into school for

**Thursday 28th**

**November.** On Friday 29th November, we will be gathering in our Teams ahead of our 'Christmas Light Switch-On' to make our Christingles.



## Playing with shadows

Seems we have a two headed, two armed and three legged pupil join our school!!

# INTRODUCING CASHPOT FOR SCHOOLS

Download and opt-in with Asda Rewards and we will donate ££s to schools.

**CASHPOT FOR SCHOOLS**



### HERE'S HOW

- 1 Download the Asda Rewards app & sign up today
- 2 Opt-in to Cashpot for Schools and follow the steps in your app
- 3 Shop, scan and we donate

With Parentkind

**Not long left to support us with no cost to yourselves!!!**

**Do you shop at ASDA?** If so we need you to help us raise funds at no cost to you!! **Between 2nd September and 30th November 2024**, every time customers shop with Asda using their Rewards app, they can choose a primary school to receive a percentage of their spend. And that's not all — every time a customer chooses St Leonard's, Asda donate £1 to our school's Cashpot

All you need to do is to follow the steps below and choose our school (use our postcode **ST18 9AG**) on their App. As this doesn't apply to high schools please pass our school name on to any friends and family. - **We have currently already raised £159.84 Thank you!!**



Use your child's home learning tasks below to support their learning outside of school. Tasks should be brought in throughout the half-term to be shared and celebrated in class.

Thank you!

**HEDGEHOGS:** We are looking how the world changes when you visit different parts of it.

**Art:** Linked to hot countries in the first 2 weeks. This could be to do with the African Savannah or Amazon Rainforest. Animals may include lions, zebra, elephant, hippos and rhinoceros. Snakes, chameleons, jaguars and parrots. In the 3rd and 4th week art could be linked to the Arctic and Antarctica.

**Understanding of the World:** Children can find out what countries are really hot and really cold countries. Where the North and South Poles are. What do people look like who live in these places.

**Understanding of the World:** Find out about the weather and how our weather changes and how the weather is different in other countries in places like Africa or Antarctica. How does this make people's lives different?

**Maths:** Recognising all of the numbers up to 5, writing them correctly and linking them to correct amounts. Can the children find ways of grouping amounts in different ways?

**English:** Recognising graphemes and phonemes in different animals they find out about. Practise name

### OWLS

**Art:** Linked to our Gunpowder Plot topic, can you create a firework display picture using paint and toilet roll tubes? <https://www.youtube.com/watch?v=gAa9drkEX4g>

**History/Computing:** Log into Purple Mash, (see login details in back of reading diary) go to 2Do folder and complete the following two tasks: Guy Fawkes Quiz/Fireworks art activity

**Design Technology:** Design and make a Christmas card which has a simple moving part using a slider or a paper fastener, e.g a santa popping out of a chimney, a star moving across the sky above the stable.

**Science:** Draw and write about your favourite wild animal. Include the following information

What type of animal is it? - mammal, reptile, amphibian etc

What does it eat? - Is it a carnivore, herbivore, omnivore?

Describe its habitat

**Maths:** Numbots - little and often is best

### FOXES



This half term in History, we will be stepping back in time to 1485, focussing on the Tudors. We will be looking at what life was like for a Tudor living all of those years ago, being a child during Tudor times and where Tudors lived, just to name a few!

- You could use recycled materials that you find around the home e.g. a cereal box to create a Tudor house.
- You may want to use pencil crayons, paints, materials to create a collage!
- You might want to create a menu, researching foods that may have been eaten during the Tudor times (maybe try some of these too...yum!)



All children should be heard reading their school book a minimum of 4 times a week. Re-reading a book helps develop fluency and comprehension.

Books will be changed on **Tuesdays** and **Fridays**.





What a fantastic morning Foxes had with Chris Wood from Sports for Schools. They took part in a series of activities lead by our group leaders





# Volunteers Needed!

Could you spare an hour of your time on the afternoon of **Friday 29th November** to help us at the Christmas tree light switch on?



If so, please get in touch by emailing either [PTFA@st-leonards-dunston.staffs.sch.uk](mailto:PTFA@st-leonards-dunston.staffs.sch.uk) or [office@st-leonards-dunston.staffs.sch.uk](mailto:office@st-leonards-dunston.staffs.sch.uk), your help would be very much appreciated.

## Christmas Jumpers

5th December

Children can wear a Christmas jumper with their usual school trousers/skirts on Thursday 5th December as they will be watching the pantomime 'Snow White'.

A payment of £7.00 is now due on ParentPay.



## Christmas Decoration Competition

Every year we decorate our Christmas Tree with home made, eco-decorations created by our children. They always make for a wonderful festive display!



Entries will be £2.00 each. Please note money will need to go directly to our PTFA by putting the money in an envelope with your child's name on the outside and placing it in the PTFA box in the main office.

Children of all ages can enter and everyone can enter more than once. We are looking forward to seeing your creations. Please have your finished decoration in school no later than **Wednesday 27th November** - there are prizes to be won - one per class!

Christmas shopping means more than just gifts  
Raise FREE donations for  
**St Leonards School Dun-**

with easyfundraising  
feel good shopping

**THIS MEANS MORE**

You **Shop**. 6,100 sites will **Donate** to us. For **Free**


Find us on [easyfundraising.org.uk](http://easyfundraising.org.uk) or get the App

GET IT ON

Over £35 million raised Over 2 million users

If you are doing your Christmas shopping on – line this year, don't forget to go through Easyfundraising and help us to raise funds with no cost to you!





We have 3 CO2 monitors that are free to a good home!  
Please call into the office

EVERYONE WELCOME  
Parent / Carer Christmas Meal  
7th December at 1:30pm

Mums Emma & Laura, Class Foxes & Hedgehogs are organising a parent/carers Christmas Meal at The Swan at Whiston (menu below)

If you would like to attend please place a £5 deposit in an envelope along with your meal choice and place it in the PTFA letter box in the entrance hall.

Deposits need to be in no later than 28th November 2024.

### The Swan at Whiston Christmas Fayre Menu 2024

**2 COURSES £26.95    3 COURSES £30.95**

<p><b>STARTERS</b></p> <p>Black Pudding Stack – Black Pudding layered with homemade red onion chutney &amp; peppercorn sauce on a bed of fresh salad.</p> <p>Homemade French Onion Soup served with a petit pain &amp; a cheesy croûton. <i>GF upon request.</i></p> <p>Homemade Breaded Brie Wedge with homemade red onion chutney &amp; a side salad.</p> <p>Smoked Salmon served with beetroot &amp; vodka crème fraîche. <i>GF</i></p> <p>Crispy Battered Spiced Cauliflower Bites with side salad &amp; pesto dip. <i>Ve</i></p>	<p><b>MAINS</b></p> <p>Traditional Roast Turkey served with all the trimmings.</p> <p>Crispy Belly Pork served with sautéed savoy cabbage &amp; bacon in a rich cider gravy. <i>GF</i></p> <p>Homemade Beef Bourgingnon Pie, fully encased in our Homemade shortcrust pastry, served with a red wine gravy.</p> <p>Chicken Breast Stuffed with Mushrooms, Cheese &amp; Garlic, wrapped in smoked streaky bacon served in a white wine cream sauce. <i>GF</i></p> <p>Salmon en Croute – Salmon Fillet, Cream Cheese, Spinach &amp; Dill encased in flaky puff pastry served with a white wine cream sauce.</p> <p>Homemade Vegetable Wellington served with a Cranberry Gravy. <i>Ve upon request.</i></p> <p>All mains are served with fresh vegetables &amp; roast potatoes</p> <p><b>ENTRAS</b> Roast Potatoes £3.50 Cauliflower Cheese £3.50 Pigs in Blankets £3.00</p>	<p><b>DESSERTS</b></p> <p>Traditional Christmas Pudding served with Brandy Sauce.</p> <p>Em's Homemade Raspberry &amp; White Chocolate Bread &amp; Butter Pudding with custard.</p> <p>Homemade Chocolate Orange Cheesecake with double cream.</p> <p>Homemade Lemon Panacotta with a Raspberry Sorbet. <i>GF</i></p> <p>Homemade Sherry Trifle. <i>Ve upon request.</i></p>
---	--	--

### The Swan Inn, Whiston Christmas Fayre 2024 Booking Form

Please reserve your table by completing the booking form below. A non-returnable deposit of **£5.00 per head** is required to secure all bookings.

Please advise us of any changes in numbers 24 hours before the event or the organiser will be charged for original party numbers.

On Boxing Day we are open all day for food, serving from the main menu and specials board, booking is advisable.

Party Name	
Address	
Postcode	
Tel No	
Email	
Party No	
Date	

Please Indicate what you and your guests would like:

Starters		
Black Pudding Stack	French Onion Soup	Breaded Brie Wedge
Smoked Salmon	Cauliflower Bites	
Mains		
Roast Turkey	Belly Pork	Beef Bourgingnon
Chicken Breast	Salmon en Croute	Vegetable Wellington
Extras		
Roast Potatoes	Cauliflower Cheese	Pigs in Blankets
Desserts		
Christmas Pudding	Bread & Butter Pudding	Cheesecake
Panacotta	Trifle	

# Attendance figures

School Attendance 18th - 22nd November 2024

Hedgehogs 89%

Owls 90%

Foxes 94%

Whole School 92%

The National target for attendance, as set out in guidance from the DFE is **95%**

Please note fixed penalty notice referrals **will** be made to the Local Authority for term time holidays.



Help us to fill our display!

Every year, we fill our entrance hall display with photos of the children! This year we are asking you to send in photos of them reading in their favourite place. This could be at home, up a tree, in the library, on a beach or somewhere that will completely surprise us all! Photos can be emailed into the office, or hard copies can be sent in.

## Year 4 Middle School Applications



Applications for Middle school will open from **Friday 1st November**. All Year 4 parents **MUST** apply for the next school of their choice. [https://ems.staffordshire.gov.uk/CitizenPortal/en?gl=1\\*1x3jc6v\\*\\_ga\\*NzA1OTE3MzQ1LjE3Mjg1NDcwNzU.\\*\\_ga\\_L5SP43WS7L\\*MTczMjI3OTE1Mi42My4xLjE3MzIyNzkxODkuMC4wLjA](https://ems.staffordshire.gov.uk/CitizenPortal/en?gl=1*1x3jc6v*_ga*NzA1OTE3MzQ1LjE3Mjg1NDcwNzU.*_ga_L5SP43WS7L*MTczMjI3OTE1Mi42My4xLjE3MzIyNzkxODkuMC4wLjA).

Closing date for making an application is: 15th January

## Weekly House Point Tally

Oak



100

Holly

44

Sycamore

71



## Copy of an email sent out this week

Dear Families,

We are all very much looking forward to our annual Christmas Light Switch-On!

This is taking place on **Friday 29th November** and children should be collected from classes at 2.45pm. If you will not be attending at 2.45pm, please let the office know so we can supervise children as needed. There is no football club (you have not been charged) however Ark care is available if required until 5pm, please book with the office.

Once children have been collected, we will gather round the tree with Christingles to share carols and switch on the lights. **Don't forget to send in your child's eco-decoration, and bring an orange to school next week.**

After the switch-on, our PTA have organised a range of stalls for you to enjoy. We have had many offers of help for this, so please add your name to the sign-up sheet in the entrance hall if you are free.

Finally, we would very much appreciate donations for our festive bake sale to be brought into school on Friday morning. Please ensure baking has no nuts, and gluten free options are clearly labelled.



The school car-park can be used if there are spaces to help ease congestion in the village, and there are lots of spaces in front of the church on the main road.

We can't wait to gather together as a community.

## Copy of a letter sent home this week

### Christmas Lunch

Thursday 19th December 2024

Miss Tina will be serving a special Christmas lunch on Thursday 19th December (there will be no other option this day) and instead of the roast dinner on Wednesday 18th December it will be Mac & Cheese, Jacket Potato or Tomato Pasta.

To enable Miss Tina to order enough food please would you complete the slip sent to you and return it to the office by no later than Friday 6th December.

Payment will be via your ParentPay account as normal for those in Nursery and years 3 and 4 at the usual cost of £2.95, unless you are in receipt of Free School Meals. Children in Reception and years 1 and 2 are entitled to Universal Free School meals and therefore there will be no charge.



**CHRISTMAS**

**TRADITIONAL CHRISTMAS TURKEY**  
with all the trimmings  
**PIGS IN BLANKETS**  
**YORKSHIRE PUDDING**  
with  
**ROAST POTATOES**  
**CARROT BATONS & PEAS**

**CHRISTMAS COOKIE (Ve)**

**THURSDAY 19th DECEMBER 2024**

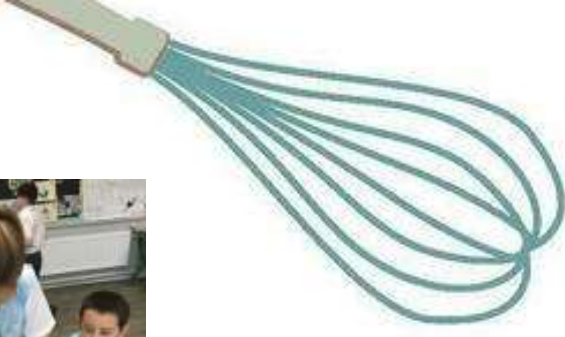
**edwards and ward**  
a route for success

# HEDGEHOGS

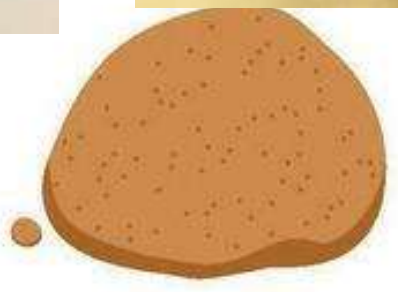


Hedgehogs have been finding out about Jungle and desert animals and finding out about the weather in these habitats. The children have enjoyed making snakes with the junk modelling and making snakes with playdough. We have been exploring the outside in the frost and snow. Catching snowflakes on our tongues, mark making in the ice and finding spectacular ice structures.





As part of their DT topic Foxes have been baking biscuits



 OWLS



Year 2 were making 'potions' and toasting marshmallows during Forest School this week!





## CURRENT NURSERY PARENTS - Reception 2025

If your child's fifth birthday is between 1st September 2025 & 31st August 2026 then you will need to apply online for a place in our Reception class from **Friday 1st November 2024** the closing date is 15th January 2025. Applications should be

made directly at [https://ems.staffordshire.gov.uk/CitizenPortal/en?](https://ems.staffordshire.gov.uk/CitizenPortal/en?gl=1*1x3jc6v* ga*NzA1OTE3MzQ1LjE3Mjg1NDcwNzU.* ga_L5SP43WS7L*MTczMjI3OTE1Mi42My4xLjE3MzIyNzkxODkuMC4wLjA)

[gl=1\\*1x3jc6v\\* ga\\*NzA1OTE3MzQ1LjE3Mjg1NDcwNzU.\\* ga\\_L5SP43WS7L\\*MTczMjI3OTE1Mi42My4xLjE3MzIyNzkxODkuMC4wLjA](https://ems.staffordshire.gov.uk/CitizenPortal/en?gl=1*1x3jc6v* ga*NzA1OTE3MzQ1LjE3Mjg1NDcwNzU.* ga_L5SP43WS7L*MTczMjI3OTE1Mi42My4xLjE3MzIyNzkxODkuMC4wLjA).

**Please note children who currently attend our school nursery will still need to apply for a Reception place.**

If you know of anyone who is looking for a Reception place, then please ask them to give the office a call and book an appointment to look around our school with Miss Phillips.



# Cleaner Required

**Job Title:** Cleaning Operative

**Job Type:** Part Time/Permanent

**Part Time Hours:** 11 ½ hours per week

**Rate of Pay:** £11.44 per hour

**Schedule:** Monday to Friday

**Location**

School Lane, Dunston

Stafford

Staffordshire

ST18 9AG

**Experience:** School Cleaning – 1 year (preferred)

If you would like to apply for this job, please contact Lisa Jones using the below contact details:

**Telephone:** 07776955936

**Email:** acmannth@workplace.co.uk

## PE Days

Please make sure your child has their PE kit in school on the relevant days.

Hedgehogs - Fridays   Owls - Thursdays & Fridays   Foxes - Thursdays & Fridays

Please tie long hair back and children who wear earrings **MUST** remove them in advance of school if they can not remove them, themselves.



If your child has a school lunch it is important to keep your ParentPay account topped up with funds. For children in our Nursery, Year 3 and Year 4 there is a cost of £2.95 per day or £14.75 per week.



## WC 25th November - Week ONE



	WEEK ONE	WEEK TWO	WEEK THREE
MONDAY	Margherita Pizza with Jacket Wedges (V) Veg of the Day Vanilla Shortbread (Ve)	Margherita Pizza with Jacket Wedges (V) Veg of the Day Chocolate Shortbread (Ve)	Margherita Pizza with Jacket Wedges (V) Veg of the Day Sultana Shortbread (Ve)
TUESDAY	Pork or Veggie (Ve) Sausages with Mash & Gravy Veg of the Day Apple Sponge (V)	Sausage Roll with Mash & Gravy Veg of the Day Carrot Cake (V)	Chicken Meatballs with Mash & Gravy Veg of the Day Pineapple Upside Down Cake (V)
WEDNESDAY	Roast of the Day with Roasties & Gravy Veg of the Day Jelly (Ve)	Roast of the Day with Roasties & Gravy Veg of the Day Jelly (Ve)	Roast of the Day with Roasties & Gravy Veg of the Day Jelly (Ve)
THURSDAY	Penne with Beef Bolognese Veg of the Day Sultana Flapjack (Ve)	Mac & Cheese (V) Veg of the Day Apple Flapjack (Ve)	Mac & Cheese (V) Veg of the Day Flapjack (Ve)
FRIDAY	Fish Fingers or Salmon Fish Fingers with Chips Veg of the Day Vanilla Ice Cream with Banana (V)	Fish Fingers or Salmon Fish Fingers with Chips Veg of the Day Vanilla Ice Cream with Banana (V)	Fish Fingers or Salmon Fish Fingers with Chips Veg of the Day Vanilla Ice Cream with Banana (V)
	31/10/24, 23/11/24, 14/12/24, 4/1/25, 25/1/25, 16/2/25, 6/3/25, 27/3/25	9/11/24, 30/11/24, 21/12/24, 11/1/25, 2/2/25, 23/2/25, 13/3/25, 3/3/25	16/11/24, 7/12/24, 28/12/24, 18/1/25, 9/2/25, 30/12/24, 20/1/25, 10/2/25
<p>Choice of <b>Classic Tomato Pasta</b> or <b>Filled Jacket Potatoes</b> also available daily along with freshly baked bread, salad, fresh fruit, yoghurt, jelly and fresh drinking water.</p>			

V - Vegetarian   Ve - Vegan



### No nuts please

Please note due to children in school with allergies please do not send any products containing nuts into school for break or lunch times. Thank you for your co-operation.

# Should cars stop for people, or should people stop for cars?



**Bow** "Cars should give way for people"

**Lola** "When cars go too fast they might not see you"

**Jarrold** "People should stop for cars as cars might be rushing because they are late"

**Freddie T** "If people are on a zebra crossing cars should wait"

**Maddox** "Cars should stop for people if they are going too fast they might crash"

**Rohan** "It depends on who has the right of way, for example of you are on a crossing"

**Darcie** "It's both, people have to wait if traffic lights are on green and cars wait if they are on red"

**Freya** "Police officers should stop cars"

**Rowan** "If it's a monster truck they might run over you are they can't see you"

**Richard** "You should wait on the path"

Miss Phillips will be asking the children's thoughts on the following question during Worship next week

## BIG QUESTION

Is there more happiness or sadness in the world?



### Our Safeguarding Team

Miss Phillips is our Designated Safeguarding Lead

Miss Laing is our Deputy Safeguarding Lead

Should you hear or see something that concerns you, please contact the office to speak to either of them.



Please search for  
St Leonards First School  
& Nursery

Don't forget to keep  
up to date by  
following us on ..



Our School website

<https://www.st-leonards-dunston.staffs.sch.uk/>

# dates to Remember

Tuesday 26th November	Foxes trip to Ancient High House
Friday 29th November	Christingle & Christmas lights switch on gates open 2:45pm
Thursday 5th December	Pantomime - Children can wear Christmas jumper with normal school trousers/skirt
Tuesday 17th December PM	Christmas Play - <i>more info to follow</i>
Wednesday 18th December AM	Christmas Play - <i>more info to follow</i>
Thursday 19th December	Christmas Lunch
Friday 20th December	Wear Christmas Jumpers - School closes at 1.30pm
Monday 23rd December Friday 3rd January 2025	Christmas Holidays
Monday 6th January	Back to school
Friday 31st January	Inset Day - School closed to pupils
Monday 17th February Friday 21st February	Half term holidays
Friday 11th April	Inset Day - School closed to pupils
Monday 14th April Friday 25th April	Easter Holidays
Monday 5th May	May Day Bank holiday - School closed



On your child's forest school day, please send them to school dressed in old clothing you do not mind getting dirty. Please also ensure they have wellies to change into, if they are not kept at school. **Layers and waterproofs are advised because of the wet weather - as it has now turned so cold hats, scarves & gloves are also recommended.**

27/11/2024

Year 1

04/12/2024

Reception

11/12/2024

Nursery

# 10 Top Tips for Parents and Educators EDUCATING CHILDREN ON SPENDING AND SAVING

Evidence shows that children's spending habits begin to form as early as seven years old. With primary schools in England not required to teach financial literacy, many young people are reaching adulthood without knowing the basics of budgeting. This guide explains how to teach young people about money in a practical way, giving them the understanding to become savvy spenders and savers.

## 1 PROVIDE POCKET MONEY

Giving children money – even a small amount – can help them learn to make their own budgeting decisions about how to spend or save it. Research shows that youngsters who receive pocket money are more likely to become adults with strong financial skills and significantly less debt.

## 2 USE A PREPAID CARD

Being able to pay by card is essential these days, with some retailers not accepting cash since the pandemic. Prepaid debit cards are available for children from the age of six, allowing them to get used to spending like they will as adults with no risk of dipping into an overdraft. Learning about money is like learning to swim – you need to get in the pool and have a go!

## 3 PRACTISE BORROWING

Although official borrowing is only available to over 18s, kids need to understand how debt and interest works before they become adults and are exposed to credit cards or 'buy now, pay later' schemes. For a safe means of teaching them about this, parents could offer them extra pocket money but explain that it needs to be paid back by a certain date, plus an extra couple of pounds as interest.

## 4 ENCOURAGE OPEN CONVERSATION

Chatting about money and how much things cost will teach children that finance is a part of everyday life and not some "scary adult thing". Parents can involve them in budgeting for the weekly shop, for example, working together to get everything on the list while keeping the total below a certain number. Letting young ones make spending decisions in a safe space can build up their confidence regarding money.

## 5 DISCUSS THE PRESSURE TO SPEND

Whether it's YouTube ads or a hint of envy at a friend's recent purchase, spending triggers are everywhere. Encourage children to notice how clever shop design (like placing sweets at the checkout) and offers such as '2 for 1' deals entice us to spend more. Challenge them to resist impulse buys by getting them to sleep on it before deciding to spend.

## 6 TELLING 'NEED' FROM 'WANT'

Learning how to prioritise spending is an important life skill: the difference between life's essentials and "nice-to-haves" is key to budgeting. If children pester you for treats while shopping, it's the perfect time to say, "That's a want. We're getting our needs first." You could show how you budget for food, electricity and so on before buying fun things.

## 7 ENCOURAGE SAVING

Getting children saving early can set them up with a useful habit for their adult life. Suggest that they set something aside every time they receive money and help them set a target for how much to put away, so they feel motivated to continue. For example, encouraging them to save for a friend's birthday gift can get children much more invested in what they buy.

## 8 SPARK INTEREST IN INTEREST

Motivate children by talking them about interest: you can describe it as a reward for saving money. Explain how everything they put away will grow over time. As an exciting example, explain that 1p doubled every day for a month would amount to approximately £10 million. Some prepaid cards for young people also offer interest: parents and carers could also add a little to supplement what their child saves and show how it works.

## 9 PAYING FOR CHORES

This is a complex debate with no right or wrong answer: it depends on what works for each individual family. However, it can be one of the best ways to teach children that money needs to be earned and helps to create more mindful spenders. If parents aren't keen on paying for everyday chores, they could ask the children to suggest their own ideas for earning a little extra.

## 10 PROTECT CHILDREN FROM SCAMS

Scams are a terrifyingly easy way to lose money, and children are generally more likely to be taken in due to a lack of experience with these financial criminals. As a minimum, make sure they're aware of the most common scams they could be exposed to – by text, email and phone, for instance. Young people should tell a trusted adult about any unexpected message or call and never give out their personal information.

### Meet Our Expert

GoHenry is a prepaid debit card and financial education app with a mission to make every young person smart with money. Co-founder and CEO Louise Hill is a passionate campaigner for better financial literacy among school children and strongly believes that money management is a crucial life skill.

goHenry

#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/spending-and-saving>

@wake\_up\_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 20.11.2024

# Seasonal Creativity in Nature

**Free 4 week online course starting Thursday 21st November 2024**

Join us for this festive, flexible learning course, where you will be invited to explore the natural world as inspiration for your own creativity.

Expert tutors introduce a variety of exercises and ideas ranging from creative writing, to foraged art, to festive treats. Each week we also consider the research to show how and why nature can support our wellbeing and why we believe creativity is for everyone!

This 12 hour course is completed online. You will receive an email pack each Thursday, with a menu of seasonal activities, ideas and inspiration to try over the following week.

Booking essential. Contact Rebecca Banks on [communityforestservices@gmail.com](mailto:communityforestservices@gmail.com) or call 07525 120117. **This course is free to Staffordshire residents aged 19+.**

**EarlyBird Plus Course for Parents**

Has your child received an autism diagnosis?

Join the National Autistic Society's **EarlyBird Plus** programme delivered in Staffordshire by the Autism Inclusion Team to understand more about autism and how you can support your child.

Meet other parents and share experiences on our ten-week programme. Designed for parents of children aged from four to nine, we can help you understand autism and support your child, including:

- supporting interaction
- understanding sensory differences
- developing play
- interpreting behaviour.

*'Lots of strategies to use with my child / share with others. Thank you so much for all of the amazing tools and inspiration to make a difference.'* Parent 2024

Staffordshire Autism Inclusion Team will be delivering this course at: [Bridatown Primary School, Cannock](#)

The course runs over **ten weekly sessions** including two individual sessions. You will need to be able to commit to attending all 10 sessions.

On the following dates from 9.30am – 12.30pm – tea and coffee provided

- |  |  |
|--|--|
| 1. Monday 27 <sup>th</sup> January 2025  | 6. Monday 17 <sup>th</sup> March 2025            |
| 2. Monday 3 <sup>rd</sup> February 2025  | 7. Monday 24 <sup>th</sup> March 2025            |
| 3. Monday 10 <sup>th</sup> February 2025 | **Monday 31 <sup>st</sup> March 2025**           |
| 4. Monday 24 <sup>th</sup> February 2025 | 8. Monday 7 <sup>th</sup> April 2025             |
| **Monday 3 <sup>rd</sup> March 2025 **   | **Two individual sessions arranged as convenient |
| 5. Monday 10 <sup>th</sup> March 2025    |  |

For more information and to register for this free course please contact: [kate.perry@staffordshire.gov.uk](mailto:kate.perry@staffordshire.gov.uk)

# Secrets of the Season

**Free 4-week online course starting Friday 22nd November**

Discover the beauty of the season! Immerse yourself in the wonders of winter, through this online course, full of cosy connections to enjoy as a family.

This course guides families through how to make the most of this magical time of year, through a range of creative activities and simple, seasonal ideas. Drawing upon the Hygge ethos, you will learn how to connect with the season and embrace the darker, cosy winter months, to support the health, wellbeing and happiness of the whole family.

This is a 12 hour online learning course held over 4 weeks, delivered through an introductory zoom session, themed weekly email packs and access to digital resources. You can try the activities and explore the resources at times to suit you and your family.

Book your free place now. Contact Rebecca Banks on [communityforestservices@gmail.com](mailto:communityforestservices@gmail.com) or call 07525 120117. This course is **FREE** for Staffordshire families.

# Be Visible

Improve your visibility with accessories - clip on reflectors, bands and stickers to your coat and bag.



## Be Bright, Be Seen.