

Friday Post

Friday 15th November 2024

Our School Value: Trust

Key verse: You, Lord, give true peace. You give peace to those who depend on you. You give peace to those who trust you. **Isiah 26.3**

Dear families,

We have had a brilliant week in school, packed as ever! We started the week with a Remembrance service, giving thanks for those who have fought for our safety and freedom, and remembering those who are still at war today. We created a beautiful wreath which you hopefully saw on display outside school.

On Wednesday, we welcomed a new friend into school - Chris who is a Reader, from St Michael's Church, Penkridge. Chris led a fantastic time of worship, and encouraged the children to think a more deeply about this half-term's value of trust. Children reflected on the importance of having trusted adults and friends in their lives. They also thought about when it is OK to keep a secret, and when it isn't.



We also welcomed a new reading volunteer into school on Wednesday afternoon. Reading is at the heart of our curriculum, and we would love to welcome more volunteers into school to support with this. If you - or a family member - are interested, please let myself or the office know.

Next week, there is much to look forward to, including a special PE lesson on Friday for Foxes children in which they will be learning new skills to pass onto others, and taking part in a Pentathlon! Thank you to Mrs Carrington for organising this event.

It's that time of year when there are lots of bugs and germs in the air. We continue to encourage good hand-washing and personal hygiene in school, and would ask that these messages are reinforced at home.

Have a wonderful weekend,

Miss Phillips



Headteacher: Miss C Phillips,
St Leonard's First School & Nursery,
School Lane, Dunston, ST18 9AG
Tel: 01785 712488

E-mail: office@st-leonards-dunston.staffs.sch.uk





Use your child's home learning tasks below to support their learning outside of school. Tasks should be brought in throughout the half-term to be shared and celebrated in class.

Thank you!

HEDGEHOGS: We are looking how the world changes when you visit different parts of it.

Art: Linked to hot countries in the first 2 weeks. This could be to do with the African Savannah or Amazon Rainforest. Animals may include lions, zebra, elephant, hippos and rhinoceros. Snakes, chameleons, jaguars and parrots. In the 3rd and 4th week art could be linked to the Arctic and Antarctica.

Understanding of the World: Children can find out what countries are really hot and really cold countries. Where the North and South Poles are. What do people look like who live in these places.

Understanding of the World: Find out about the weather and how our weather changes and how the weather is different in other countries in places like Africa or Antarctica. How does this make people's lives different?

Maths: Recognising all of the numbers up to 5, writing them correctly and linking them to correct amounts. Can the children find ways of grouping amounts in different ways?

English: Recognising graphemes and phonemes in different animals they find out about. Practise name

OWLS

Art: Linked to our Gunpowder Plot topic, can you create a firework display picture using paint and toilet roll tubes? <https://www.youtube.com/watch?v=gAa9drkEX4g>

History/Computing: Log into Purple Mash, (see login details in back of reading diary) go to 2Do folder and complete the following two tasks: Guy Fawkes Quiz/Fireworks art activity

Design Technology: Design and make a Christmas card which has a simple moving part using a slider or a paper fastener, e.g a santa popping out of a chimney, a star moving across the sky above the stable.

Science: Draw and write about your favourite wild animal. Include the following information

What type of animal is it? - mammal, reptile, amphibian etc

What does it eat? - Is it a carnivore, herbivore, omnivore?

Describe its habitat

Maths: Numbots - little and often is best

FOXES



This half term in History, we will be stepping back in time to 1485, focussing on the Tudors. We will be looking at what life was like for a Tudor living all of those years ago, being a child during Tudor times and where Tudors lived, just to name a few!

- You could use recycled materials that you find around the home e.g. a cereal box to create a Tudor house.
- You may want to use pencil crayons, paints, materials to create a collage!
- You might want to create a menu, researching foods that may have been eaten during the Tudor times (maybe try some of these too...yum!)



All children should be heard reading their school book a minimum of 4 times a week. Re-reading a book helps develop fluency and comprehension.

Books will be changed on **Tuesdays** and **Fridays**.



This term in worship we are learning our
Christmas songs:

Sing Christingle - [Sing Christingle](#)

It was on a starry night - [It was on a Starry Night](#)

Jingle Bells - [Jingle Bells with Lyrics](#) | [Christmas Songs HD](#) | [Christmas Songs and Carols](#)

Click the links to hear the music



Christingles

Please can all children bring an orange into school for

Thursday 28th

November. On Friday 29th November, we will be gathering in our Teams ahead of our 'Christmas Light Switch-On' to make our Christingles.



Christmas play

Some children will have brought home some words to learn for the Christmas play. More information will be coming out soon about costumes, if they are needed.

Many thanks, Miss Laing



INTRODUCING CASHPOT FOR SCHOOLS

Download and opt-in with Asda Rewards and we will donate ££s to schools.

CASHPOT FOR SCHOOLS



HERE'S HOW

- 1 Download the Asda Rewards app & sign up today
- 2 Opt-in to Cashpot for Schools and follow the steps in your app
- 3 Shop, scan and we donate

With Parentkind

Not long left to support us with no cost to yourselves!!!

Do you shop at ASDA? If so we need you to help us raise funds at no cost to you!! **Between 2nd September and 30th November 2024**, every time customers shop with Asda using their Rewards app, they can choose a primary school to receive a percentage of their spend. And that's not all — every time a customer chooses St Leonard's, Asda donate £1 to our school's Cashpot

All you need to do is to follow the steps below and choose our school (use our postcode **ST18 9AG**) on their App. As this doesn't apply to high schools please pass our school name on to any friends and family. - **We have currently already raised £159.84 Thank you!!**



Children and staff held a Remembrance Service on Tuesday, they created a beautiful wreath with poppies and messages of thanks



They shall grow not old,
as we that are left grow old:
Age shall not weary them,
nor the years condemn;
At the going down
of the sun,
and in the morning,
We will remember them.'





Volunteers Needed!

Could you spare an hour of your time on the afternoon of **Friday 29th November** to help us at the Christmas tree light switch on?



If so, please get in touch by emailing either PTFA@st-leonards-dunston.staffs.sch.uk or office@st-leonards-dunston.staffs.sch.uk, your help would be very much appreciated.

Christmas Jumpers

5th December

Children can wear a Christmas jumper with their usual school trousers/skirts on Thursday 5th December as they will be watching the pantomime 'Snow White'.

A payment of £7.00 is now due on ParentPay.



Christmas Decoration Competition

Every year we decorate our Christmas Tree with home made, eco-decorations created by our children. They always make for a wonderful festive display!

Entries will be £2.00 each. Please note money will need to go directly to our PTFA by putting the money in an envelope with your child's name on the outside and placing it in the PTFA box in the main office.

Children of all ages can enter and everyone can enter more than once. We are looking forward to seeing your creations. Please have your finished decoration in school by Monday 27th November - there are prizes to be won - one per class!

Christmas shopping means more than just gifts
Raise **FREE** donations for
St Leonards School Dunston PTFA

with  easyfundraising
feel good shopping

THIS MEANS MORE.

You **Shop**. 6,100 sites will **Donate** to us. For **Free**

				
				
				

Find us on easyfundraising.org.uk or get the App

GET IT ON  Google Play

Download on the  App Store

Over £35 million raised  Over 2 million users

If you are doing your Christmas shopping on – line this year, don't forget to go through Easyfundraising and help us to raise funds with no cost to you!





We have 3 CO2 monitors that are free to a good home!
Please call into the office

EVERYONE WELCOME
Parent / Carer Christmas Meal
7th December at 1:30pm

Mums Emma & Laura, Class Foxes & Hedgehogs are organising a parent/carers Christmas Meal at The Swan at Whiston (menu below)

If you would like to attend please place a £5 deposit in an envelope along with your meal choice and place it in the PTFA letter box in the entrance hall.

Deposits need to be in no later than 28th November 2024.

The Swan at Whiston Christmas Fayre Menu 2024

2 COURSES £26.95 3 COURSES £30.95

<p>STARTERS</p> <p>Black Pudding Stack – Black Pudding layered with homemade red onion chutney & peppercorn sauce on a bed of fresh salad.</p> <p>Homemade French Onion Soup served with a petit pain & a cheesy croûton. <i>GF upon request.</i></p> <p>Homemade Breaded Brie Wedge with homemade red onion chutney & a side salad.</p> <p>Smoked Salmon served with beetroot & vodka crème fraîche. <i>GF</i></p> <p>Crispy Battered Spiced Cauliflower Bites with side salad & pesto dip. <i>Ve</i></p>	<p>MAINS</p> <p>Traditional Roast Turkey served with all the trimmings.</p> <p>Crispy Belly Pork served with sautéed savoy cabbage & bacon in a rich cider gravy. <i>GF</i></p> <p>Homemade Beef Bourgingnon Pie, fully encased in our Homemade shortcrust pastry, served with a red wine gravy.</p> <p>Chicken Breast Stuffed with Mushrooms, Cheese & Garlic, wrapped in smoked streaky bacon served in a white wine cream sauce. <i>GF</i></p> <p>Salmon en Croute – Salmon Fillet, Cream Cheese, Spinach & Dill encased in flaky puff pastry served with a white wine cream sauce.</p> <p>Homemade Vegetable Wellington served with a Cranberry Gravy. <i>Ve upon request.</i></p> <p style="text-align: center;"><small>All mains are served with fresh vegetables & roast potatoes</small></p> <p style="text-align: center;">ENTRAS</p> <p>Roast Potatoes £3.50 Cauliflower Cheese £3.50 Pigs in Blankets £3.00</p>	<p>DESSERTS</p> <p>Traditional Christmas Pudding served with Brandy Sauce.</p> <p>Em's Homemade Raspberry & White Chocolate Bread & Butter Pudding with custard.</p> <p>Homemade Chocolate Orange Cheesecake with double cream.</p> <p>Homemade Lemon Panacotta with a Raspberry Sorbet. <i>GF</i></p> <p>Homemade Sherry Trifle. <i>Ve upon request.</i></p>
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The Swan Inn, Whiston Christmas Fayre 2024 Booking Form

Please reserve your table by completing the booking form below. A non-returnable deposit of **£5.00 per head** is required to secure all bookings.

Please advise us of any changes in numbers 24 hours before the event or the organiser will be charged for original party numbers.

On Boxing Day we are open all day for food, serving from the main menu and specials board, booking is advisable.

Party Name	
Address	
Postcode	
Tel No	
Email	
Party No	
Date	

Please Indicate what you and your guests would like:

Starters		
Black Pudding Stack	French Onion Soup	Breaded Brie Wedge
Smoked Salmon	Cauliflower Bites	

Mains		
Roast Turkey	Belly Pork	Beef Bourgingnon
Chicken Breast	Salmon en Croute	Vegetable Wellington

Extras		
Roast Potatoes	Cauliflower Cheese	Pigs in Blankets

Desserts		
Christmas Pudding	Bread & Butter Pudding	Cheesecake
Panacotta	Trifle	

Attendance figures

School Attendance 11th - 15th November 2024

Hedgehogs 88%

Owls 92%

Foxes 90%

Whole School 91%

The National target for attendance, as set out in guidance from the DFE is **95%**

Please note fixed penalty notice referrals **will** be made to the Local Authority for term time holidays.



Help us to fill our display!

Every year, we fill our entrance hall display with photos of the children! This year we are asking you to send in photos of them reading in their favourite place. This could be at home, up a tree, in the library, on a beach or somewhere that will completely surprise us all! Photos can be emailed into the office, or hard copies can be sent in.

After School Clubs & After School Care- payment reminder

Payment is now overdue for those children who are attending after school clubs & Ark, if you haven't already done so please pay via your ParentPay accounts.



There is **NO football club on Friday 29th November** (you have not been charged) due to the Christmas light switch on - Ark will be available, for those that will need it, please book in with the office.



Contact the office should you child wish to take part in any of the clubs except Chromebook which is now full.

Weekly House Point Tally

Oak



214

Holly

111

Sycamore

118

stars of the week



Children who attend Ark or an after school club can bring a small snack to eat beforehand if they wish.

Achievements from home



Football

If your child has recently received an award they would like to share with us, eg swimming, football, dance, Beavers, Brownies etc please send them into school & we will share them during our Celebration Worship on Friday.



HEDGEHOGS



In Hedgehogs we are continuing to build on our work about animals from different countries. We read 'Giraffes Can't Dance' and this inspired us with our play. The children have been painting giraffes and creating animal houses for giraffes and monkeys using the loose parts. Reception are trying hard to use their number knowledge in their play and use their growing confidence in phonics to complete reading challenges independently. In RE, we are continuing to talk about the Nativity story. We introduced the characters and told the children what parts they will be playing in our Christmas Play,





Please could you bring in a plastic box with a lid on Tuesday 19th November for jam tarts they will be making (no need for ingredients to be sent in) Thank you Mrs Carrington





Year 1 have been using tens and ones in maths and were challenged to partition a 2-digit number in lots of different ways.



In Design & Technology, Owls are continuing to think about mechanisms and have been creating more moving pictures. This week we linked our work to The Bog Baby story which we read as part of our English lessons. We used a slider mechanism to make pictures of the bog baby moving across the pond.



All the children who are attending keyboard sessions on a Wednesday are sounding good when playing Jingle Bells!

CURRENT NURSERY PARENTS - Reception 2025

If your child's fifth birthday is between 1st September 2025 & 31st August 2026 then you will need to apply online for a place in our Reception class from **Friday 1st November 2024** the closing date is 15th January 2025. Applications should be made directly at <https://www.staffordshire.gov.uk/Education/Admissions-primary/Apply/Overview.aspx>

Please note children who currently attend our school nursery will still need to apply for a Reception place.

If you know of anyone who is looking for a Reception place, then please ask them to give the office a call and book an appointment to look around our school with Miss Phillips.



Cleaner Required

Job Title: Cleaning Operative

Job Type: Part Time/Permanent

Part Time Hours: 11 ½ hours per week

Rate of Pay: £11.44 per hour

Schedule: Monday to Friday

Location

School Lane, Dunston

Stafford

Staffordshire

ST18 9AG

Experience: School Cleaning – 1 year (preferred)

If you would like to apply for this job, please contact Lisa Jones using the below contact details:

Telephone: 07776955936

Email: acmannth@workplace.co.uk

PE Days

Please make sure your child has their PE kit in school on the relevant days.

Hedgehogs - Fridays Owls - Thursdays & Fridays Foxes - Thursdays & Fridays

Children who wear earrings **MUST** remove them in advance of school if they can not remove them themselves.



If your child has a school lunch it is important to keep your ParentPay ac-



count topped up with funds. For children in our Nursery, Year 3 and Year 4 there is a cost of £2.95 per day or £14.75 per week.

WC 11th November - Week TWO



	WEEK ONE	WEEK TWO	WEEK THREE
MONDAY	Margherita Pizza with Jacket Wedges (V) Veg of the Day Vanilla Shortbread (Ve)	Margherita Pizza with Jacket Wedges (V) Veg of the Day Chocolate Shortbread (Ve)	Margherita Pizza with Jacket Wedges (V) Veg of the Day Sultana Shortbread (Ve)
TUESDAY	Pork or Veggie (Ve) Sausages with Mash & Gravy Veg of the Day Apple Sponge (V)	Sausage Roll with Mash & Gravy Veg of the Day Carrot Cake (V)	Chicken Meatballs with Mash & Gravy Veg of the Day Pineapple Upside Down Cake (V)
WEDNESDAY	Roast of the Day with Roasties & Gravy Veg of the Day Jelly (Ve)	Roast of the Day with Roasties & Gravy Veg of the Day Jelly (Ve)	Roast of the Day with Roasties & Gravy Veg of the Day Jelly (Ve)
THURSDAY	Penne with Beef Bolognese Veg of the Day Sultana Flapjack (Ve)	Mac & Cheese (V) Veg of the Day Apple Flapjack (Ve)	Mac & Cheese (V) Veg of the Day Flapjack (Ve)
FRIDAY	Fish Fingers or Salmon Fish Fingers with Chips Veg of the Day Vanilla Ice Cream with Banana (V)	Fish Fingers or Salmon Fish Fingers with Chips Veg of the Day Vanilla Ice Cream with Banana (V)	Fish Fingers or Salmon Fish Fingers with Chips Veg of the Day Vanilla Ice Cream with Banana (V)
	21/10/24, 23/10/24, 14/11/24, 4/12/24, 25/11/24, 16/12/24, 6/1/25, 27/1/25	9/10/24, 30/10/24, 21/11/24, 11/12/24, 2/1/25, 23/12/24, 13/1/25, 3/2/25	16/10/24, 7/11/24, 28/11/24, 18/12/24, 9/1/25, 30/12/24, 20/1/25, 10/2/25

Choice of **Classic Tomato Pasta** or **Filled Jacket Potatoes** also available daily along with freshly baked bread, salad, fresh fruit, yoghurt, jelly and fresh drinking water.

V - Vegetarian Ve - Vegan



No nuts please

Please note due to children in school with allergies please do not send any products containing nuts into school for break or lunch times. Thank you for your co-operation.

Why should we respect someone even if they are different to us?



Savannah "Even if people are different to us we should still respect them, treat everyone the same"

Alfie "We should respect everyone in the world"

Lola "We aren't all the same but we can still be friends"

Alex "Even if people look different, we still share the same world"

Xander "We should treat everyone like you would want to be treated"

Fran "We should all be treated the same but some people need a little more help"

Ted H "Even if someone has different skin they are still the same on the inside"

Elsie G "Even if they have different skin you still respect"

Richard "If you get hurt love everyone"

Miss Phillips will be asking the children's thoughts on the following question during Worship next week

BIG QUESTION

Should cars stop for people, or should people stop for cars?



Our Safeguarding Team

Miss Phillips is our Designated Safeguarding Lead

Miss Laing is our Deputy Safeguarding Lead

Should you hear or see something that concerns you, please contact the office to speak to either of them.



Please search for
St Leonards First School
& Nursery

Don't forget to keep
up to date by
following us on ..



Our School website

<https://www.st-leonards-dunston.staffs.sch.uk/>

dates to Remember

Tuesday 26th November	Foxes trip to Ancient High House
Friday 29th November	Christingle & Christmas lights switch on gates open 2:45pm
Tuesday 17th December PM	Christmas Play - <i>more info to follow</i>
Wednesday 18th December AM	Christmas Play - <i>more info to follow</i>
Thursday 19th December	Christmas Lunch
Friday 20th December	Wear Christmas Jumpers - School closes at 1.30pm
Monday 23rd December Friday 3rd January 2025	Christmas Holidays
Monday 6th January	Back to school
Friday 31st January	Inset Day - School closed to pupils
Monday 17th February Friday 21st February	Half term holidays
Friday 11th April	Inset Day - School closed to pupils
Monday 14th April Friday 25th April	Easter Holidays
Monday 5th May	May Day Bank holiday - School closed

Please can children who have earrings take them out in advance of PE & can hair please be tied back.
Thank you.



On your child's forest school day, please send them to school dressed in old clothing you do not mind getting dirty. Please also ensure they have wellies to change into, if they are not kept at school. Layers and waterproofs are advised because of the wet weather.

20/11/2024

Year 2

27/11/2024

Year 1

04/12/2024

Reception

11/12/2024

Nursery



SKILLS FOR LIFE

Multiply

MATHSMASTER



Free Game Packs!

- Inspired by 'TaskMaster'! This fun, frantic, family game is FREE for families in Staffordshire! Ideal for SATs preparation, but great for all ages!

Can you beat the MathsMaster?

If you're a parent or carer looking for a way to support your child to find the fun in maths, MathsMaster is for you! This game will take you through quick, silly challenges to make maths accessible and fun!



Staffordshire County Council

Disclaimer!

Side effects of playing MathsMaster may include:

- Excessive amounts of fun
- Increased family bonding time
- The giggles
- May lead to heightened interest in maths

Order your FREE pack today!

To get your hands on the MathsMaster game pack, contact Rebecca on 07525 120117 / beatthemathsmaster@gmail.com. Provide your FULL NAME, ADDRESS AND DATE OF BIRTH (it's the adults details we need) and we'll pop your game pack in the post! Easy as that! Plus it's FREEEEEE!



Or sign up here!



10 Top Tips for Parents and Educators TEACHING CYCLE SAFETY

Cycling is an amazing way to spend quality time together as a family, as well as keeping everyone healthy and active – and it's an excellent exercise, whatever the age of your children. Getting started can sometimes be daunting, and there are obvious safety concerns over youngsters who are still getting used to a bike – so follow our top tips to help you ride with confidence.

1 CONSIDER CYCLE TRAINING

Courses like Bikeability are extremely useful, and training in general has come a long way since cycling proficiency began; there are Bikeability courses for adults, too. Cycle training teaches invaluable skills (such as good road positioning, signaling and visibility), and can help both parents and children feel more at ease on busy streets.

2 USE A SUITABLE BIKE

Find a bike of an appropriate size for its rider and resist the temptation to have children 'grow into theirs' by buying one too large for them. A bigger bike will be heavier and more difficult to control, making accidents more likely and potentially putting youngsters off cycling forever. If your child has any specific physical needs, or has dyspraxia, then try out a trike, handcycle or other adaptive cycle to see which works best.

3 TRY A CARGO BIKE

Cargo bikes, particularly the box-bike style, are ideal for transporting small children around. Depending on the type of bike chosen – as well as the size and age of the children – it can be possible to transport up to four little ones in this way, with additional space for other cargo as well.

4 INSPECT YOUR CYCLE

It's a good idea to do some routine checks on any bike before going for a ride to make sure everything's working correctly. The 'M check' is particularly useful: assessing the condition and position of the bike's wheels, handlebars, brakes, pedals, chain and saddle, working from front to back. Online tutorial videos can also teach you how to carry out basic repairs, if needed. For more complicated fixes, head to your local bike shop.

5 BRING SUITABLE GEAR

Ensure whatever you're wearing, and any attachments for your bike, are suitable for the ride. A waterproof jacket will let you cycle safely in almost any weather. Make sure any helmets are fitted correctly. If you're riding after dark, remember to fit your bikes with a white front light, a red rear light and a red rear reflector. These are required by law.

6 STICK TO FLAT TERRAIN

Take a smooth, flat route if possible, so it's more suitable for younger cyclists. You might be surprised by how many quiet roads or back streets there may be in your area. Don't be put off by an indirect but easier path as opposed to a shorter, busier one. Look out for the National Cycle Network, canal towpaths and even parks that you can cut through.

7 STAY ALERT AND IN SAFE FORMATIONS

For maximum protection and visibility, ride in a line with children in the middle and adults at either end. If you're the only adult present, take up a position at the rear to ensure all children remain in your sight. Don't be tempted to hug the kerb if cycling on the road – riding approximately a metre out will make you more noticeable to other road users, and you'll also stay clear of any debris in the gutter.

8 AVOID PARKED CARS

When riding past parked cars, try to stay at least a metre away, just in case anyone inside opens a door unexpectedly or the vehicle itself starts to move. This precaution will also deter anyone driving behind from trying to squeeze past you when there isn't enough space, so don't be afraid to ride in a prominent position.

9 START A 'BIKE BUS'

Cycling to school with other families is a potentially fun experience – one which comes with the added benefit of safety in numbers. In case anything goes wrong along the way, team up with other parents, carers and educators and pick a day to cycle to school together. Who knows – maybe, in time, you'll have other folks asking to join you!

10 HAVE FUN!

Keep in mind that cycling should be fun! A good bike ride can be really enjoyable for adults and children alike, while also being a superb form of exercise. Ease children into the hobby by starting them off with shorter journeys – such as a trip to the park – and build them up to longer, more complicated outings. Some children may get bored on a longer ride, so try to keep a conversation going with them.

Meet Our Expert

Sophie Gordon is the campaigns manager at Cycling UK, a charity which inspires and enables people to start cycling. She has spent six years campaigning for safer roads and more protected cycle paths, while supporting communities to call for better cycling conditions where they live.

WakeUp
cycling
UK

#WakeUp
Wednesday

The
National
College

Seasonal Creativity in Nature

Free 4 week online course starting Thursday 21st November 2024

Join us for this festive, flexible learning course, where you will be invited to explore the natural world as inspiration for your own creativity.

Expert tutors introduce a variety of exercises and ideas ranging from creative writing, to foraged art, to festive treats. Each week we also consider the research to show how and why nature can support our wellbeing and why we believe creativity is for everyone!

This 12 hour course is completed online. You will receive an email pack each Thursday, with a menu of seasonal activities, ideas and inspiration to try over the following week.

Booking essential. Contact Rebecca Banks on communityforestservices@gmail.com or call 07525 120117. This course is free to Staffordshire residents aged 19+.



Year 4 Middle School Applications

Applications for Middle school will open from **Friday 1st November**. All Year 4 parents **MUST** apply for the next school of their choice. <https://www.staffordshire.gov.uk/Education/Admissions-primary/Apply/Application-forms-for-admission-to-school.aspx>

National Autistic Society | EarlyBird Plus Licensed | **EarlyBird Plus Course for Parents**

Has your child received an autism diagnosis?

Join the National Autistic Society's **EarlyBird Plus** programme delivered in Staffordshire by the Autism Inclusion Team to understand more about autism and how you can support your child.

Meet other parents and share experiences on our ten-week programme. Designed for parents of children aged from four to nine, we can help you understand autism and support your child, including:

- supporting interaction
- understanding sensory differences
- developing play
- interpreting behaviour.

Staffordshire Autism Inclusion Team will be delivering this course at: **Bridatown Primary School, Cannock**

'Lots of strategies to use with my child / share with others. Thank you so much for all of the amazing tools and inspiration to make a difference.' Parent 2024

- The course runs over **ten weekly sessions** including two individual sessions. You will need to be able to commit to attending all 10 sessions.
- On the following dates from 9.30am – 12.30pm – tea and coffee provided
- | | |
|--|--|
| 1. Monday 27 th January 2025 | 6. Monday 17 th March 2025 |
| 2. Monday 3 rd February 2025 | 7. Monday 24 th March 2025 |
| 3. Monday 10 th February 2025 | **Monday 31 st March 2025** |
| 4. Monday 24 th February 2025 | 8. Monday 7 th April 2025 |
| **Monday 3 rd March 2025 ** | **Two individual sessions arranged as convenient |
| 5. Monday 10 th March 2025 | |

For more information and to register for this free course please contact: kate.perry@staffordshire.gov.uk

Secrets of the Season

Free 4-week online course starting Friday 22nd November

Discover the beauty of the season! Immerse yourself in the wonders of winter, through this online course, full of cosy connections to enjoy as a family.

This course guides families through how to make the most of this magical time of year, through a range of creative activities and simple, seasonal ideas. Drawing upon the Hygge ethos, you will learn how to connect with the season and embrace the darker, cosy winter months, to support the health, wellbeing and happiness of the whole family.

This is a 12 hour online learning course held over 4 weeks, delivered through an introductory zoom session, themed weekly email packs and access to digital resources. You can try the activities and explore the resources at times to suit you and your family.

Book your free place now. Contact Rebecca Banks on communityforestservices@gmail.com or call 07525 120117. This course is **FREE** for Staffordshire families.

Be Reflective

When it's dark outside, wear reflective clothing to be seen in car headlights.



Be Bright, Be Seen.