

Friday 24th May 2024

# FRIDAY POST

## Our School Value: Service

*"God has shown you his grace in giving you different gifts. And you are like servants who are responsible for using God's gifts. So be good servants and use your gifts to serve each other. Peter 4:10*

Dear Families,

What a fantastic church service we had yesterday - thank you to everyone who joined us, and a particular thanks to the children who shared examples of service. It is never easy to stand and speak in front of a crowd!

It has been lovely to have Foxes back in school this week; they have been full of stories of Laches Wood! Hopefully you have enjoyed the photos we have shared on our Facebook page.

After half-term there is much to look forward to - do keep an eye on our 'Dates to Remember'! An author visit, sports' day, summer fair, glow in the dark dodgeball, transition days and more! Summer reports will also go home at the start of July - always a chance to celebrate the progress children have made over the last 12-months. Please remember, staff are always happy to talk to you about your child's progress and learning if you have any questions.

Today, during INSET, teaching staff are visiting other schools in our Trust - we love being part of a wider family and having the chance to share good practice. No doubt we will return full of new ideas to share!

Have a wonderful half-term, however you are spending it. We look forward to seeing everyone back in school on Monday 3rd June.

Miss Phillips

Learn to Love, love to learn

St Leonard's First School & Nursery





Order forms for the class photos have already been sent out with your child. If you wish to make an order you can do this directly with Academy Photography or you can return your order with payment to the school office by 3rd June.



This week, in art, Owls have visited Antarctica on their round the world trip. They created very icy looking backgrounds by mixing different shades of pale blue, then placed penguins in the foreground.

# Attendance figures

School Attendance 20th May - 23rd May 2024

Hedgehogs 93%

Owls 92%

Foxes 96%

Whole School 94%

The National target for attendance, as set out in guidance from the DFE is 95%

Please note fixed penalty notice referrals will be made to the Local Authority for term time holidays.

In our last week of our topic about wondering how we will get there? We have been inspired by the traditional tale, The Three Billy Goats Gruff. The children have been finding out about materials we use to make bridges and the different designs that are used. In the children's play they have been recreating the story of The Three Billy Goats Gruff using role play and loose parts. Lots of the class have been using construction resources to build bridges and we even had a try at willow weaving to build a fence for our classroom entrance. The children loved helping to choose the right stems, cut them down and peel the bark off them.





In Geography  
Foxes have  
been role  
playing, one  
being a  
Reporter and  
the other  
being a Park  
Ranger in  
America.



# The Sandbox

The Sandbox is an innovative digital mental healthcare service for Children and Young People. Mental health struggle is something most of us will experience at some point in our lives – it's simply part of being human. We're here for you when that happens.

We work together with the NHS, local government, and other organisations to help Children and Young People with their mental health.

Everything on **The Sandbox website** can be accessed **without registering**.

<https://thesandbox.mindler.co.uk/>



Year 1 have been using 10p and 1p coins in maths to help them investigate tens and ones in 2-digit numbers.





In Maths Foxes have been learning about time.



Children put their head down and had to try and guess when 60 seconds was up!



## Lunchtime Menu - next week is week ONE

The children get asked each morning what they would like to eat at lunchtime.

Cost of a school meal for children in Nursery, Year 3 & Year 4 is £2.95 as of April 2024

	WEEK ONE	WEEK TWO	WEEK THREE
<b>MONDAY</b>	Margherita Pizza with Jacket Wedges (V)(WG) Veggie Penne with Vegballs in Tomato Sauce (Ve)(WG) Choice of Jackets, [redacted] or Tomato Pasta Green Beans, Sweetcorn St Clement's Shortbread (Ve) Better Health	Margherita Pizza with Jacket Wedges (V)(WG) Veggie Bean Chilli with Rice (Ve)(WG) Choice of Jackets, [redacted] or Tomato Pasta Green Beans, Sweetcorn Lime Shortbread (Ve)	Margherita Pizza with Jacket Wedges (V)(WG) Veggie Penne with Veggie Bolognese (Ve)(WG) Choice of Jackets, [redacted] or Tomato Pasta Sweetcorn, Green Beans Vanilla Iced Shortbread (Ve)
<b>TUESDAY</b>	Penne with Beef Bolognese (WG) Veggie Cottage Pie (Ve) Choice of Jackets, [redacted] Tomato Pasta Broccoli, Garden Peas Apple Crumble (Ve)(WG) with Custard (V)	Cottage Pie Veggie Chow Mein (Ve) Choice of Jackets, [redacted] or Tomato Pasta Broccoli, Garden Peas Chocolate & Pear Sponge with Chocolate Custard (V)	Pork or Chicken Sausages with Mash & Gravy Veggie Sausage with Mash & Gravy (Ve) Choice of Jackets, [redacted] or Tomato Pasta Sliced Carrots, Garden Peas Toffee Apple Sponge with Apple Custard (V)
<b>WEDNESDAY</b>	Roast of the Day with Roasties, Stuffing & Gravy Veggie Homemade Veggie & Stuffing Roll with Roasties & Gravy (Ve) Choice of Jackets, [redacted] or Tomato Pasta Cauliflower, Sliced Carrots Chocolate Mousse with Pears (V)	Roast of the Day with Roasties, Yorkshire & Gravy Veggie Roasted Butternut Squash with Roasties, Yorkshire & Gravy (V) Choice of Jackets, [redacted] or Tomato Pasta Cauliflower, Sliced Carrots Jelly (Ve)	Roast of the Day with Roasties, Stuffing & Gravy Veggie Quorn Fillet with Roasties, Stuffing & Gravy (Ve) Choice of Jackets, [redacted] or Tomato Pasta Cabbage, Carrot Batons Chocolate Mousse with Mandarins (V)
<b>THURSDAY</b>	Mild & Sweet Chicken Curry with Rice (WG) Veggie Mac & Cheese (V) Choice of Jackets, [redacted] or Tomato Pasta Rainbow Veg Banana Bread (V)	Breakfast for Lunch with Diced Potatoes Veggie Breakfast for Lunch with Diced Potatoes (V) Choice of Jackets, [redacted] or Tomato Pasta Baked Beans, Cooked Tomato Flapjack (Ve)	Chicken with Golden Vegetable Rice (WG) Veggie Mac & Cheese (V) Choice of Jackets, [redacted] or Tomato Pasta Rainbow Veg Jammy Dodger Flapjack (Ve)
<b>FRIDAY</b>	Fish Fingers or Salmon Fish Fingers with Chips Veggie Quorn Hotdog with Chips (V) Choice of Jackets, Sandwiches or Tomato Pasta Baked Beans, Garden Peas Vanilla Ice Cream with Peaches (V)	Fish Fingers or Salmon Fish Fingers with Chips Veggie Garden Vegetable Goujons with Chips (Ve) Choice of Jackets, Sandwiches or Tomato Pasta Baked Beans, Garden Peas Vanilla Ice Cream with Banana (V)	Fish Fingers or Salmon Fish Fingers with Chips Veggie Quorn Dippers with Chips (Ve) Choice of Jackets, Sandwiches or Tomato Pasta Baked Beans, Garden Peas Vanilla Ice Cream with Fruit Cocktail (V)
	18/01, 29/01, 19/02, 11/03, 01/04, 22/04, 13/05, 03/06, 24/06, 15/07	16/01, 05/02, 26/02, 16/03, 08/04, 29/04, 20/05, 10/06, 01/07, 22/07	22/01, 12/02, 04/03, 25/03, 15/04, 06/05, 27/05, 17/06, 08/07

V - Vegetarian Ve - Vegan WG - Wholegrain

Freshly baked bread, fresh fruit, yoghurts and fresh drinking water available daily.

**NO NUTS!**



Please note do not send children to school with any items containing nuts due to children who have allergies. Thank you

# *Champions of Service*



To develop our philosophical thinking we ask the children a BIG question each week! As a family take time to discuss the big question! Miss Phillips listens to the children's thoughts on the question during Worship on Friday.

## Our next BIG QUESTION

Can I be accused of cheating if I don't know the rules?

### Summer Fayre



Friday 21st June after sports day.

Thank you to everyone who has already expressed interest in our summer fair. This will be taking place on Friday 21st June, 2.30pm - 4.00pm after Sports' Day.

If you are able to run a stall or support with running a stall please get in touch. We are also looking for 'big ticket' raffle prizes - if you are able to donate, or know a local business who can, we'd love to hear from you! There will be a box in the entrance hall after half term for any raffle/tombola donations.

Please speak to Lucy Haynes, Steph Wilkes or drop us an email: [summerfair@st-leonards-dunston.staffs.sch.uk](mailto:summerfair@st-leonards-dunston.staffs.sch.uk)



Please can everyone check their ParentPay accounts and pay any outstanding debts - payment of £3 for the author Steve Smallman visit is outstanding for everyone who hasn't already paid.



### Our Safeguarding Team

Miss Phillips is our Designated Safeguarding Lead

Miss Laing is our Deputy Safeguarding Lead

Should you hear or see something that concerns you, please contact the office to speak to either of them.



# DATES TO REMEMBER

Mon 27th - 31st May	Half Term
W/C Monday 3rd June (2 wks)	Y4 multiplication checks
Wb 10th June	Year 1 Phonics Screening check
Tuesday 11th June	Steve Smallman Author visit
Wednesday 12th June	Perkins ECO & Stem Day
Friday 21st June	Sports Day - afternoon
Friday 28th June	Glow in the Dark Dodgeball fundraiser - more info to follow
Wednesday 3rd July - 9.30am	Penkridge Middle Transition Day - <b>Year 4 only</b>
Wednesday 3rd July	Transition Day to new classes
Wednesday 10th July	Chuckle Productions Arts Day - more info to follow
Friday 19th July	Last day of academic year
Monday 22nd July	Inset Day

## Church services

Reverend Amanda welcomes any families to join in with her services at St Leonard's church, Dunston.

Dunston service is weekly at **11am** with communion and the first Sunday of every month is an all age service without communion.



On your child's forest school day, please send them to school dressed in old clothing you do not mind getting dirty. Please also ensure they have wellies to change into, if they are not kept at school. Layers and waterproofs are advised because of the wet weather., or sunhats should the wear be on our side!

4/06/2024	Y4	25/06/2024	Y1
11/06/2024	Y3	02/07/2024	Rec
18/06/2024	Y2	09/07/2024	Nurs

Please make sure your child has their PE kit in school. Thank you for your co-operation

## PE Timetable - Summer Term

Thursday - Owls & Foxes

Friday - Hedgehogs, Owls & Foxes



# THE MENTAL HEALTH SUPPORT TEAM IN SCHOOLS ARE **OPEN** OVER THE SCHOOL HOLIDAYS

**Tuesday 28th May - Friday 31st May**  
(excluding weekends and bank holidays)

If your child is experiencing low level mental health difficulties, we may be able to help. Call us\* between 9am - 5pm (Monday to Friday), leave your name and number and one of our practitioners will give you a call back to see what support we can offer.

We can help with:

- Low mood
- Anxiety
- Sleep difficulties
- Worry
- Panic

Burton and Uttoxeter  
01283 504487

Cannock and Lichfield  
01283 352113

Stafford  
01283 352097

Tamworth  
01785 301027



\*Please note that these contact numbers are not to be used in an emergency.

## STAFFORD MHST

### Schools we work with:

- Burton Manor Primary School
- Castlechurch Primary School
- Doxey Primary & Nursery School
- Flash Ley Primary School
- John Wheeldon Primary Academy
- King Edward V1 High School
- Penkridge Middle School
- Sir Graham Balfour School
- St. Leonard's CofE First School
- Stafford Manor High School
- Veritas Primary Academy
- St Patrick's Catholic Primary School
- St Leonard's Primary School
- St Austin's Catholic Primary School
- Walton Hall Academy
- Walton Priory Middle School
- Silkmore Primary Academy
- Marshlands School
- Blessed William Howard Catholic School
- Bailey Street Alternative Provision Academy
- St. John's C of E Primary Academy
- The Weston Road Academy
- Tillington Manor Primary School



[www.staffordsport.co.uk](http://www.staffordsport.co.uk)



## May Half Term Holiday Sports

At Blessed William Howard Catholic School



**Tuesday 28th May - Friday 31st May**

8.30am- 5.30pm - £20 per day  
10am-4pm - £17 per day



Staff are NGB qualified, DBS Checked and First Aid Trained.  
Staff employed by the Stafford Sports and Performance Academy

The days will be filled with sporting fun including football, rounders, gymnastics, dance, cricket, badminton, table tennis and MORE. Sessions are perfect for boys and girls.

IDEAL FOR AGES 5-13

**facebook**

[www.facebook.com/staffordsport](http://www.facebook.com/staffordsport)



**To book a place please call or email:  
07793891029 [holidayclubs@staffordsport.co.uk](mailto:holidayclubs@staffordsport.co.uk)**

Activate

# WHAT IS AUTISM?

Being autistic means that your brain works differently to others. It isn't a disease or illness and it's not something that can be treated or will go away over time.

## WHAT IS IT?

Autism affects the way that you process and understand the world around you. It has no impact on how intelligent you are and every person with autism is unique and will have their own personal strengths and difficulties.



## WHERE DOES IT COME FROM?

There isn't a known cause for autism, although there is evidence to suggest that it does run in families. Scientists are not sure exactly where autism comes from, but we do know it is not related to your upbringing or environment.



## DIFFERENCES

Although autism means that your brain works differently to others, that does not mean that it is a negative thing. There are many autistic people who live happy lives and achieve great things.



# AREAS OF DIFFERENCE

Research has shown that there are some common areas in which there are often differences between autistic people and neurotypical people. Have a look below to understand more about these areas. Don't forget every autistic person is individual and so some of the areas may not apply to you.

## 1. SOCIAL COMMUNICATION

Autistic people often report difficulties in reading social situations and understanding social cues. You might find it difficult to interact with others and follow certain social queues such as maintaining eye contact, or understanding certain jokes.



## 2. SENSITIVITY

Being overly or under-sensitive to sensory experiences is a common experience for autistic people. For example, you might find you react strongly to sounds, touch, or light.

## 3. SPECIAL INTERESTS

Many autistic people develop special interests and repetitive behaviours throughout their lives - e.g. collecting coins, listening to the same music over and over again, focusing on topics like trains.



## 4. ROUTINE/STRUCTURE

The need to follow strict routine is common in autistic people. This is often accompanied by high levels of distress when a routine is changed or structure is lost. For example having a substitute teacher or a change in school timetable could be very difficult.

## 5. SENSORY OVERLOAD

As a result of being highly sensitive some autistic people experience sensory overloads. This is when their senses become completely overwhelmed and they feel unable to cope. This can cause a state of panic.



## 6. BEHAVIOUR

When an autistic person becomes overwhelmed they may have a meltdown in which they lose control and lash out. Some autistic people may respond to the feeling of being overwhelmed differently and shutdown, this is when you may become quiet and withdrawn.

## 7. FEELING ANXIOUS

Many autistic people have reported struggling with anxiety. Fortunately, there are ways that you can learn to cope with and reduce this anxiety. Some mental health services now specialise in supporting autistic people.





Child Safety Week is the Child Accident Prevention Trust's (CAPT) annual community education campaign, acting as a catalyst for thousands of safety conversations and activities UK-wide.

CAPT help families build confidence and skills in managing the real risks to children's safety, wanting all children to have the freedom to grow and learn, safe from serious harm.

This year's theme is **Safety. Sorted!**

Sign up for free resources at [Child Safety Week](https://www.childsafetyweek.org.uk) | [Child Accident Prevention Trust](https://www.childaccidentpreventiontrust.org.uk) ([capt.org.uk](https://capt.org.uk))

## Free from falls

*"A preventable accident ends up with a shattered family. And that's just very tragic."*

Parents' testimonial to doctor who specialises in child brain injury

Scrapes and bruises are a part of growing up. But even a fall from a highchair can cause a bad head injury. That's because babies' heads are much heavier than their bodies, which makes them top-heavy. And when they land, their head takes much of the impact. Stop serious falls....

Child Safety Week June 2024

### Windows – what's that I can see?

Small children are curious, but have no real understanding of danger.

- Do not put furniture in front of windows, especially in children's rooms
- Get safety catches or locks fitted if you can

### Cots, beds and changing tables

- Even small babies can wriggle off beds and changing tables, so change nappies on the floor
- Remove toys from cots so your baby can't stand on them to get out of the cot

**TEACH SPORTS**

# PENKRIDGE FOOTBALL COACHING CLUB

**Tuesday-Evenings**  
Nursery, Reception & Y1  
5pm-6pm  
Years 2,3,4,5 & 6  
6pm-7pm

**The Rural Enterprise**  
Penkridge, ST19 5PH

- ✓ All abilities welcome
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07530 868 512  
[www.teach-sports.co.uk](http://www.teach-sports.co.uk)

## Watch out in water



*"This has highlighted the dangers posed when a child is left unsupervised for a short period of time and even in the shallowest of water."*

Teacher's report, both child drowning at 7 months old

Drowning happens silently. A drowning child can't speak or control their arms. They slip quietly under the water. It's only in the movies they splash about and cry for help.



### Babies and small children

Get everything you need ready before bath time. Stay with your baby or child all the time they are in the bath.

- Don't rely on siblings to keep an eye on each other, they are too young to understand the danger.

### Out and about

- Teach older children to choose safe places to swim like public pools and beaches with lifeguards.
- Explain the dangers of swimming in open water, including strong currents, deep, cold water and things under the surface they can't see.
- Empty the paddling pool out after you've used it.
- Turn a pond into a sanapi, or fence it in or cover it while your children are little
- Make sure your child can't get to the neighbour's pond.
- Be alert to ponds, pools or hot tubs when visiting other people's homes.

## Safe around roads



*"One act of bad driving robbed the world of a beautiful, intelligent and caring young person. Our lives have been turned upside down by our daughter's death."*

Removed Dad whose daughter was killed in a car accident

It can be hard knowing how best to teach your child to stay safe. Go to [Child Safety Week](https://www.childsafetyweek.org.uk) | [Child Accident Prevention Trust](https://www.childaccidentpreventiontrust.org.uk) ([capt.org.uk](https://capt.org.uk)) for simple advice for pedestrians, travelling in the car, cycling and driving.

Child Safety Week June 2024

TO BOOK YOUR PLACE PLEASE EMAIL [RACHEL.WOOLLASTON@STAFFORDSHIRE.GOV.UK](mailto:rachel.woollaston@staffordshire.gov.uk)



## FREE Autism Parent/Carer Workshop

Delivered by the Specialist Teaching Support Service  
Autism Inclusion Team

DATE	TIME	LOCATION
Friday 7 <sup>th</sup> June 2024	09.30-12.00	Families First at Faraday Road, Stafford, ST16 3NQ (Stafford Children's Centre)

If your child is aged 0-5 and has an Autism diagnosis or is on the pathway to an Autism diagnosis, we will offer support, practical ideas, and an opportunity to meet other parents.



With pride. With purpose. With you.



## FREE Parent/Carer Training

Delivered by the Specialist Teaching Support Service  
Autism Inclusion Team

**PLEASE NOTE – THIS TRAINING IS FOR PARENTS/CARERS OF CHILDREN WHO HAVE A DIAGNOSIS OF AUTISM (inc. those not yet referred to our Service)**

**BITESIZE DAY: 25.06.2024**

Location = Families First at Faraday Road, Stafford, ST16 3NQ (Stafford Children's Centre)

TIME	COURSE TITLE
09.30-11.00	Understanding Autism
12.00-13.30	Raising Self-Esteem
14.00-15.30	Managing Transitions

\*\*\* PARENTS CAN SIGN UP TO A MAXIMUM OF TWO SESSIONS \*\*\*

TO BOOK YOUR PLACE PLEASE EMAIL [RACHEL.WOOLLASTON@STAFFORDSHIRE.GOV.UK](mailto:rachel.woollaston@staffordshire.gov.uk)



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**FREE TASTER SESSION**

Open to everyone aged 5-18

**Brocton Hall Golf Club (ST17 0TH)**

**Taster one: Saturday 15th June at 10am - 11am**

**Taster two: Saturday 15th June at 11am - 12pm**

# GET INTO GOLF ROOKIES



**BOOK NOW!**



**RESPECT IN GOLF**

# GET INTO GOLF ROOKIES

Open to everyone aged 5-18

**Brocton Hall Golf Club (ST17 0TH)**

**Six Week Course: Every Saturday from 27th July at 10am - 11am**

**Six Week Course: Every Saturday from 27th July at 11am - 12pm**

- £40 for six hours of activity
- No equipment required
- No experience necessary



**BOOK NOW!**

