



Friday 19th January 2024

# FRIDAY POST

## Our School Value: Courage

*"Be strong and brave. Don't be afraid. The Lord your God will be with you everywhere you go." Joshua 1.9*

Dear Families,

What a cold week it has been! The school site has looked beautiful and I particularly enjoyed taking Owls for a wintery walk on Thursday to inspire our writing.



We started the week with a visit from Alison Lloyd - our education mental health

practitioner - who led an assembly on 'Feelings'. It was a great message about how no feeling is wrong, and Alison gave the children lots of practical strategies for dealing with difficult feelings. The children spoke confidently about what they had learned, so do ask them at home. Alison will be back in school on Thursday for a lunchtime drop in.

We had a visit from a member of the Connectivity Support Team at Staffordshire County Council this week. They came to view the area to help address the concerns that have been raised around parking and are going to help us with the process of campaigning for a lower speed limit. In the meantime, we ask that you continue to park carefully and be mindful of supporting children in safely crossing the road.

We have been busy practising the song 'Give It all You've Got!' which we have recorded. This will be made into a short film made up of all of the schools who are part of Staffordshire University Academy Trust

- we look forward to being able to share this with the children once it has been produced!

Have a wonderful weekend,  
Miss Phillips





Children who have started keyboard lessons this term have all been given a home/school diary this week - if you take a look inside, Mrs Lee has given a suggestion for a book you might like to purchase.





Owls have really enjoyed learning about portraits in their art lessons. Aliyah has loved the activities so much that she went home and drew portraits of herself and Miss Laing!

**In Worship this morning Miss Phillips asked the following questions:**

### **How does God show love?**

**Fran** “he created the world for us”

**Savannah** “he’s always with you”

**Edie** “he gives us food and shelter”

### **How does Jesus show our school value of love?**

**Mason** “he died on the cross”

**Elijah** “because he made a blind man see”

**Aliyah** “ he became incarnate”

**Pippa** “he made the world”

**Preston** “he was crucified”

### **How does the Holy spirit bring love?**

**Imelda** “Helps us and is always with us”

**Aliyah** “He gives us new language”

**Savannah** “always with us, always by our side”

THANK YOU!  
for your generous donations!



Stars of the Week



### *Hedgehogs*

All children have settled well after Christmas and we now would like children in **Reception** to become more independent in coming into class on their own in a morning. If parents could say their goodbyes before they walk up the ramp, letting their child find their own coat peg this would be a great start! Many thanks for your co-operation Mr Atkins

### *Courage*

We are looking for children who are happy to share examples of times they have shown courage at our next church service. Please speak to your children about this at home and let their class teacher know if they would like to be part of this.

### *Earrings & long hair*



Could we please ask that earrings are removed before school on PE days. If your child can not remove them at the moment then they **MUST** be taped up (please show your child how to do this), long hair should also be tied up.

### *Trim Trail*

For reasons of safety could we ask that you do not let your children play on the trim trail at home time. Thank you for your co-operation

### *Wanted Class Foxes*

Could all children in class Foxes please bring an empty & clean jam jar to school. Many thanks Mrs Carrington



### *TOPIC WEBS*

Topic webs for this term are now available to view on the 'Curriculum page' our website—take a look to see what your child is learning this term. <https://www.st-leonards-dunston.staffs.sch.uk/#>



Our alien eggs have hatched and we have a new class member called Zee Zee.

We have been working out where she has come from in space. Our first thought was the Moon so we have been finding out about it. We have created lots of art to help us understand why the Moon changes shape and we made a rocket for Zee Zee to go to the moon based on our class tory Whatever Next!



In our RE topic about the church we have been looking at stained glass windows and the stories they can tell. The children were able to recognize people from the Bible. It inspired us to make stained glass using ice. Children from other classes have been amazed at our sculpture!



## Nursery - September 2024

We are now taking names for children wishing to start at our school nursery in **September 2024**. Places are limited so please could you drop in / contact the office for a form so we can add your child's name to our list by Monday 8th April - places will be allocated w/c 15th April 2024. If you are already in our nursery and wish to change or increase sessions for September then please email the office with your request.



## Lunchtime Menu - next week is week THREE

The children get asked each morning what they would like to eat at lunchtime.

Please note we will **NOT** be offering a sandwich option during winter.

|                  | WEEK ONE  | WEEK TWO   | WEEK THREE  |
|------------------|---|--|---|
| <b>MONDAY</b>    | Margherita Pizza with Jacket Wedges (V)(WG)<br>Veg Penne with Vegballs in Tomato Sauce (Ve)(WG)<br>Choice of Jackets, [redacted] or Tomato Pasta<br>Green Beans, Sweetcorn<br>St Clement's Shortbread (Ve)<br>Better Health           | Margherita Pizza with Jacket Wedges (V)(WG)<br>Veg Beany Chilli with Rice (Ve)(WG)<br>Choice of Jackets, [redacted] or Tomato Pasta<br>Green Beans, Sweetcorn<br>Lime Shortbread (Ve)                                | Margherita Pizza with Jacket Wedges (V)(WG)<br>Veg Penne with Veggie Bolognese (Ve)(WG)<br>Choice of Jackets, [redacted] or Tomato Pasta<br>Sweetcorn, Green Beans<br>Vanilla Iced Shortbread (Ve)                          |
| <b>TUESDAY</b>   | Penne with Beef Bolognese (WG)<br>Veg Veggie Cottage Pie (Ve)<br>Choice of Jackets, [redacted] or Tomato Pasta<br>Broccoli, Garden Peas<br>Apple Crumble (Ve)(WG) with Custard (V)  | Cottage Pie<br>Veg Veggie Chow Mein (Ve)<br>Choice of Jackets, [redacted] or Tomato Pasta<br>Broccoli, Garden Peas<br>Chocolate & Pear Sponge with Chocolate Custard (V)   | Pork or Chicken Sausages with Mash & Gravy<br>Veg Veggie Sausage with Mash & Gravy (Ve)<br>Choice of Jackets, [redacted] or Tomato Pasta<br>Sliced Carrots, Garden Peas<br>Toffee Apple Sponge with Apple Custard (V)       |
| <b>WEDNESDAY</b> | Roast of the Day with Roasties, Stuffing & Gravy<br>Veg Homemade Veggie & Stuffing Roll with Roasties & Gravy (Ve)<br>Choice of Jackets, [redacted] or Tomato Pasta<br>Cauliflower, Sliced Carrots<br>Chocolate Mousse with Pears (V) | Roast of the Day with Roasties, Yorkshire & Gravy<br>Veg Roasted Butternut Squash with Roasties, Yorkshire & Gravy (V)<br>Choice of Jackets, [redacted] or Tomato Pasta<br>Cauliflower, Sliced Carrots<br>Jelly (Ve) | Roast of the Day with Roasties, Stuffing & Gravy<br>Veg Quorn Fillet with Roasties, Stuffing & Gravy (Ve)<br>Choice of Jackets, [redacted] or Tomato Pasta<br>Cabbage, Carrot Batons<br>Chocolate Mousse with Mandarins (V) |
| <b>THURSDAY</b>  | Mild & Sweet Chicken Curry with Rice (WG)<br>Veg Mac & Cheese (V)<br>Choice of Jackets, [redacted] or Tomato Pasta<br>Rainbow Veg<br>Banana Bread (V)   | Breakfast for Lunch with Diced Potatoes<br>Veg Veggie Breakfast for Lunch with Diced Potatoes (V)<br>Choice of Jackets, [redacted] or Tomato Pasta<br>Baked Beans, Cooked Tomato<br>Flapjack (Ve)                    | Chicken with Golden Vegetable Rice (WG)<br>Veg Mac & Cheese (V)<br>Choice of Jackets, [redacted] or Tomato Pasta<br>Rainbow Veg<br>Jammy Dodger Flapjack (Ve)   |
| <b>FRIDAY</b>    | Fish Fingers or Salmon Fish Fingers with Chips<br>Veg Quorn Hotdog with Chips (V)<br>Choice of Jackets, Sandwiches or Tomato Pasta<br>Baked Beans, Garden Peas<br>Vanilla Ice Cream with Peaches (V)                                  | Fish Fingers or Salmon Fish Fingers with Chips<br>Veg Garden Vegetable Goujons with Chips (Ve)<br>Choice of Jackets, Sandwiches or Tomato Pasta<br>Baked Beans, Garden Peas<br>Vanilla Ice Cream with Banana (V)     | Fish Fingers or Salmon Fish Fingers with Chips<br>Veg Quorn Dippers with Chips (Ve)<br>Choice of Jackets, Sandwiches or Tomato Pasta<br>Baked Beans, Garden Peas<br>Vanilla Ice Cream with Fruit Cocktail (V)               |

V - Vegetarian, Ve - Vegan, WG - Wholegrain

Freshly baked bread, fresh fruit, yoghurts and fresh drinking water available daily.



### NO NUTS!

Please note do not send children to school with any items containing nuts due to children who have allergies. Thank you

Although it says summer, below is a link to a Winter mini reading challenge!

<https://summerreadingchallenge.org.uk/>



**How it works**

Welcome to the Winter Mini-Challenge, a reading challenge running from 1 December 2023 to 19 February 2024!

- 1. Sign up**  
Click 'Join now' to create your account.
- 2. Read books**  
Set your reading goal and read anything you like! Each time you finish a book, add it to your profile and leave a review.
- 3. Earn digital rewards**  
Unlock rewards for your reading including a new online badge and a certificate when you reach your Challenge goal!



# Reading for pleasure

## What is good about reading?

Children in Foxes have been discussing what is good about reading, and have come up with some excellent points:

- Learn more facts
- The more you read the better you get
- It enhances your learning
- You spend more time off technology
- Helps you to focus more
- It's fun to find your favourite book

They then discussed if they would prefer a book against an 'E book':

- E-books don't show expression
- If you are dyslexic, it is good to have a book read to you or listen to a story
- Sharing an actual book with family is special

We would like the children to create reviews of their favourite books, next week each child will

be sent home with a book review sheet to complete at home. These can be returned to the office and a selection will be featured on the Friday Post. Extra review sheets will be available from our library and can

be completed throughout the year.

# BOOK REVIEWS





## 7 WAYS TO BLESS OUR SCHOOLS PRACTICALLY

**CAKES! ESPECIALLY AT EXTRA-DEMANDING TIMES LIKE OFSTED INSPECTIONS AND PARENTS' EVENINGS.**

**ASK IF THERE ARE PRACTICAL JOBS THAT NEED DOING - SWEEPING SNOW, LEAVES, WEEDING...**

**VOLUNTEER TO HEAR CHILDREN READ IN THE CLASSROOM.**

**SUGGEST AND ORGANISE A SCHOOL UNIFORM SWAP OR SELL SESSION.**

**OFFER TO COME AND LEAD AN ASSEMBLY OR CONTRIBUTE TO RE LESSONS.**

**CONSIDER STANDING AS A GOVERNOR OR OFFER TO SERVE AS A CHAPLAIN.**

**VOLUNTEER YOUR HELP WITH PARENT ASSOCIATION EVENTS.**

## 7 WAYS TO BLESS OUR SCHOOLS THROUGH PRAYER

**BE CAREFUL TO RESPECT PEOPLE'S PRIVACY AND CONFIDENTIALITY AS YOU SHARE PRAYER REQUESTS.**

**WRITE TO THE HEADTEACHER TO SAY YOU ARE PRAYING AND ASK IF THERE ARE SPECIFIC AREAS OF NEED.**

**OFFER TO PLACE A PRAYER REQUEST BOX IN THE SCHOOL ENTRANCE AND STAFF ROOM.**

**ORGANIZE A PRAYER WALK AROUND THE SCHOOL. FOR INSPIRATION VISIT [WWW.PRAYFORSCHOOLS.ORG/PRAYER-WALKING](http://WWW.PRAYFORSCHOOLS.ORG/PRAYER-WALKING).**

**GATHER A GROUP TO PRAY ONCE A TERM AND CREATE A WHATSAPP GROUP TO POST REQUESTS.**

**PRAY SYSTEMATICALLY FOR EACH CLASS THROUGHOUT THE TERM, THE CHILDREN AND TEACHING STAFF.**

**KEEP A LOG OF PRAYER REQUESTS AND LOOK OUT FOR THE ANSWERS.**

**PRAY FOR SCHOOLS**



Today we became craftspeople. We made some teddy bears and were given a time limit to complete them. We then represented factory workers by trying to make a higher quantity of bears. We discussed quality and quantity and thought about whether spending longer on our bears would create more quality or not. The aim was to create the highest quality bear without sacrificing on the time limit.



This week in PSHE, we have been thinking about how we work well as a team. We looked at a range of scenarios and worked together in small groups to think about some of the positive and negative behaviours.

We then played a game which required us to work as a team. We were all given a number and were told that from that moment on, we weren't allowed to communicate with each other. We had to get ourselves into the correct order as quickly as we could without speaking to each other. It was a tricky task!

To develop our philosophical thinking we ask the children a BIG question each week! As a family take time to discuss the big question! Miss Phillips listens to the children's thoughts on the question during Worship on Friday.

## Our next BIG QUESTION

What is the most important part of a fork ?

### Do trees feel?

**Alex** "No, because they don't eat"

**Pippa** "It depends if someone is climbing it or not"

**Fran** "Yes, if you are near a tree you can feel it's energy"

**Danny** "No, because you need a brain to live"

## Weekly House Point Tally

Sycamore

151



Oak

133

Holly

88

Each week the team with the most tokens gains 3 leaves on their tree, 2nd gets 2 leaves and 3rd gets 1 leaf. At the end of the term the team with the most leaves will earn a reward.

## Attendance figures

School Attendance 15th - 19th January 2024

Hedgehogs

94%

Owls

89%

Foxes

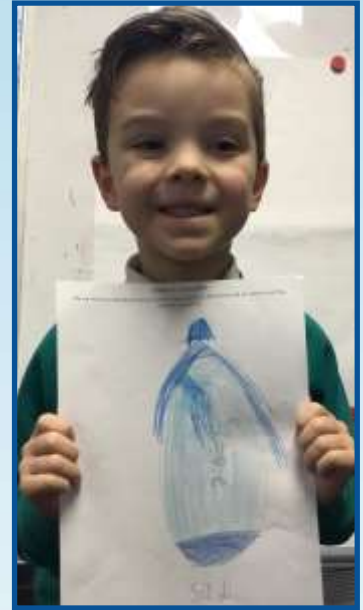
97%

Whole School

93.8%

The National target for attendance, as set out in guidance from the DFE is 95%

Please note fixed penalty notice referrals will be made to the Local Authority for term time holidays.



In art Owls have been finding out how colours can be used to convey emotions. We have been learning about Picasso and have studied some of the portraits he painted during his 'Blue Period' when he used lots of shades of blue in his work to convey sadness.



Woman with Folded Arms (1902)

The children had a go at drawing their own portraits using cool colours.



# DATES TO REMEMBER

|                              |  |
|------------------------------|--|
| Thursday 8th February        | Church Service - parents welcome to join us approx. 9.15am   |
| Friday 9th February          | Inset Day  |
| Mon 12th Feb - Fri 16th Feb  | Half Term  |
| Tuesday 19th March           | Parents Evening - <i>more info to follow</i>                 |
| Wednesday 20th March         | Parents Evening - <i>more info to follow</i>                 |
| Friday 22nd March            | Easter Church Service - parents welcome to join us at 9.15am |
| Mon 25th Mar - Fri 5th April | Easter Holiday   |
| Monday 6th May               | Bank holiday school closed                                   |
| Wednesday 15th - 17th May    | Foxes - Laches Wood Residential - <i>more info to follow</i> |
| Friday 24th May              | Inset Day  |
| Mon 27th - 31st May          | Half Term  |
| Friday 19th July             | Last day of academic year                                    |
| Monday 22nd July             | Inset Day  |
|                              |  |
|                              |  |
|                              |  |
|                              |  |



Be on time at quarter to nine!

A reminder that the school gates open at 8:35am and close at 8:45am each morning. Any child arriving once the gate is closed will need to be signed in late via the school office. Thank you.

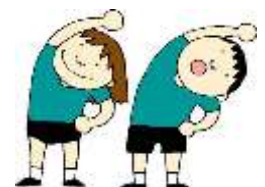
## PE Timetable January 2024

Please make sure your child has their PE kit in school. Thank you for your co-operation

Thursday - Owls & Foxes

Friday - Hedgehogs & Owls

Friday - Foxes will be swimming



# SMARTPHONE SAFETY TIPS

## for young people

7

You may have been lucky enough to have unwrapped a smartphone at Christmas, or you might be eagerly anticipating getting a new one at some point during this year. Whether it'll be your first ever phone or an upgrade on your old model, it's always useful to have a refresher about how to set it up and adjust the settings to keep yourself – and your valuable personal info – safe and secure. We've collected some expert tips to help you enjoy your smartphone in the healthiest way possible.

### NEVER SHARE YOUR PASSCODE

Alongside face or fingerprint recognition, your passcode is crucial to unlocking your phone and accessing your apps and personal information. You shouldn't give it out, even to close friends – after all, you wouldn't hand them a key to your house and let them go in for a nosy around! If a friend wants to use your phone, ask them why and make sure you can see what they're doing with it.

### RESPECT PARENTAL CONTROLS

If you're allowed to have a smartphone, it's because your parents or carers feel that you're mature and responsible enough to use it safely. They might set controls and boundaries on your device – not to spoil your fun but to help you avoid hazards like too much screen time or costly in-app purchases. Following these rules means you can enjoy using your phone while respecting their wishes.

### TALK TO A TRUSTED ADULT

Whether it's to listen to music, play games, create content or chat with friends, using a smartphone should be fun. If you're ever feeling anxious, worried or scared about going on your phone, then something isn't right. It's important not to ignore these feelings; instead, talk to a trusted adult about what's happening and how it's making you feel.

### STAY ALERT

Two words: look up. It might sound obvious, but it's so easy to get immersed in what we're looking at or listening to on our phones that we can become unaware of our surroundings – or who might be around us. People often walk with their head down, focusing on their phone, and forget to check for obstacles in their path, cars or other pedestrians coming towards them, which is clearly dangerous.

### DEVELOP HEALTHY HABITS

Phones offer a vast amount of content and the chance to chat with friends whenever we feel like it, which can make it difficult to take time away from the screen. If that's something you struggle with, you could try setting time limits on certain apps. Putting our phones down for a while gives us more time to interact with others or do something physical that helps keep us fit and healthy.

### IGNORE UNKNOWN NUMBERS

There are some scammers who might call or text asking you to share personal data or to click on a link and provide your details. Some may claim to be from a genuine company, but trustworthy businesses don't spontaneously call or message to ask for your information. It's safest to ignore calls or texts from unknown numbers, and never give your personal details out over the phone.

### ONLY USE AGE-APPROPRIATE APPS

Before downloading a new app or game, check what age rating it has. Don't feel pressured into getting a particular game or app just because your friends are using it. If it's intended for older people, there's a definite risk that it could include content (which is violent or frightening, for instance) or language which isn't suitable and may leave you feeling upset or disturbed.

### REMOVE TEMPTATION

A good night's sleep is so important for concentration, mood and overall health. Unwinding properly before going to bed – which means not staring at a screen late at night – can often improve sleep quality. Put your phone on charge overnight, but not in your room. This means you'll have a lot less temptation to check any notifications, reply to messages or get caught up scrolling on social media.

### THINK ABOUT OTHERS

Watching videos, listening to music or calling someone can all help to pass the time while we're on the bus, waiting in a queue or walking down the street. It's important to remain mindful of other people, though: they might not want to hear your tunes or your conversation. Likewise, if you're calling from a public place then don't forget that anyone could overhear something personal about you.

### SWITCH OFF GEOLOCATION

In your phone's settings, you'll be able to disable geolocation for individual apps and photos; this means that people online (including strangers) can't see information about where you are when you share or post a pic. On the subject of images, it's also important to ask permission before taking or sharing a photo of someone – and don't share embarrassing images of your friends with others.

### Meet Our Expert

Dr. Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



The National College

NOS National Online Safety  
#WakeUpWednesday