



Friday Post

Friday 7th July 2023

Our School Value: Respect

Do for other people the same things you want them to do for you. Matthew 7:12

Dear Families,
July crept up on us faster than I'd anticipated!

We have had another busy week in school with an exciting opportunity to visit our new classes. Our Year 4 pupils spent Wednesday at Penkridge Middle, while we welcomed our new Reception and Nursery children onto site. It was a busy day, but was a great chance for the pupils to see their new classrooms and spend time with their new classmates. We will be spending next Friday morning in our new classes again to help pupils get ready for September.

Foxes had a very exciting day on Tuesday with their Stone Age and Iron Age workshop! I have never seen such an impressive display of historical artefacts. The opportunities for the children to get stuck into a range of activities were excellent and helped to reinforce the learning that has been done in class this term.

We have uploaded a video of our Sports' Day highlights to our Facebook page which we hope you will enjoy. Thank you also to everyone who responded to our survey - it is always helpful to get feedback on what we do in school and we will share a summary of the responses before the end of term.

Have a wonderful weekend,
Miss Phillips



Headteacher: Miss C Phillips,
St Leonard's First School & Nursery,
School Lane, Dunston, ST18 9AG
Tel: 01785 712488
E-mail: office@st-leonards-dunston.staffs.sch.uk
Chair of LAC: (Governors) K Gibson
Email: chair@st-leonards-dunston.staffs.sch.uk

 **Staffordshire
University
Academies
Trust**

Please note the following changes to the school day plus the changes to the hours and charges of After School Care with effect from 5th September 2023.

School Hours September 2023

School hours from September 2023 will be: **8.45am – 3.10pm**

Gates in the morning will open at: **8.35am**

Registers will be taken at: **8.45am**

Registers will close at: **8.55am** (after which point children receive a U mark)

Nursery hours:

Morning session: 8.45am – 11.45am

Afternoon session: 12.10pm – 3.10pm

The Ark hours and costings:

*an increase of 20p, all other prices remain the same due to the length of the session being shorter than it is currently.

| | 8.00am - 8.35am | 3.10pm - 4.00pm | 4.00pm - 5.00pm |
|----------|-----------------|-----------------|-----------------|
| Nursery | n/a | £4.50 | n/a |
| Rec - Y4 | £3.80 | £3.80 | £4.00* |

Term dates

| Autumn Term | Spring Term | Summer Term |
|--|--|---|
| INSET: Monday 4 th September | Open: Monday 8 th January | Open: Monday 8 th April |
| Open: Tuesday 5 th September | INSET: Friday 9 th February | INSET: Friday 24 th May |
| INSET: Friday 27 th October | Half term: Monday 12 th February - Friday 16 th February | Half term: Monday 27 th May - Friday 31 st May |
| Half term: Monday 30 th October - Friday 3 rd November | Holiday: Monday 25 th March - Friday 5 th April | INSET: Monday 22 nd July |
| INSET: Friday 22 nd December | | Holiday: Tuesday 23 rd July - Friday 30 th August |
| Holiday: Monday 25 th December - Friday 5 th January | | |



Please can we ask that all debt on ParentPay is paid before we break up for the summer holidays - particularly if you are in year 4. Thank you.



Foxes had a fabulous workshop this week. The morning started by learning about the Stone age and then they were transported to the Iron age. Children looked at artefacts, dressed up, made felt out of wool and made flour by grinding corn.



Leavers Service - Tuesday 25th July

Everyone is welcome to join us for our Leavers Service on Tuesday 25th July, at St Leonard's Church, Dunston. We aim for the children to arrive by 9:20am. Seating will be reserved for parents of Y4 children.



Gardening club have started to harvest the vegetables they planted for the Kings Coronation



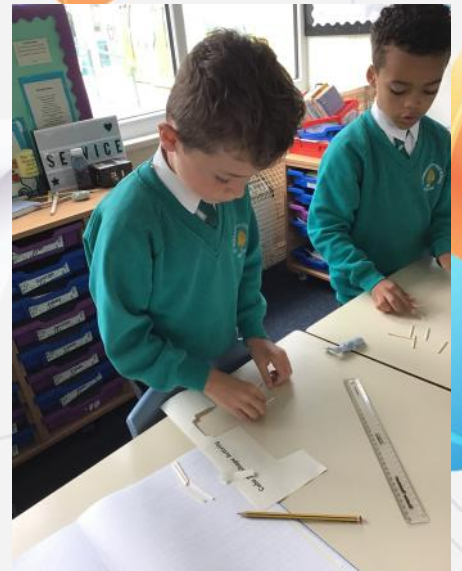
This week during worship we are learning:

'Peace like a river'

[Peace Like A River - YouTube](#)

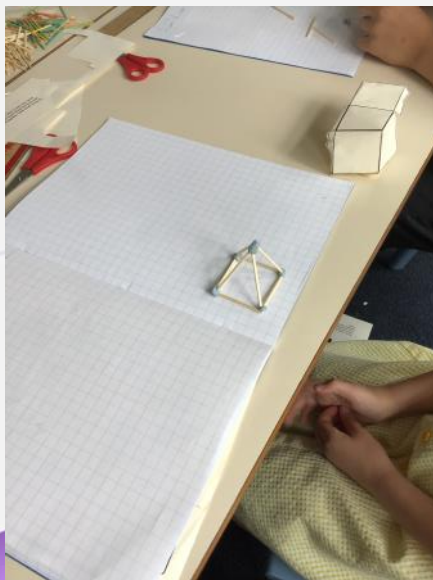
Please follow the link above to hear the music





Foxes have been exploring 3-D shapes.

We used sticks to create our own following instructions and using a lot of perseverance!



Attendance figures

School Attendance 26th - 30th June 2023

Hedgehogs 89%

Whole School 93.3%

Owls 93%

The National target for attendance, as set out in guidance from the DFE is 95%

Foxes 98%



If anyone has any spare, but in good condition, socks &

pants we are in desperate need especially girls pants. Thank you for the donations so far!



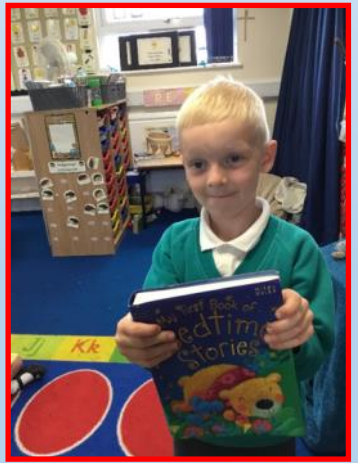
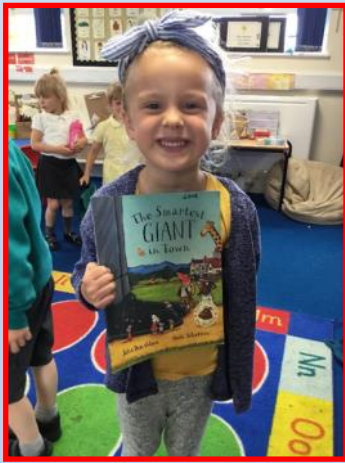
| WEEK 1 MENU | | Chartwells So much more than just a food | | | | |
|-------------|--|---|---|---------------------------------------|--|--|
| | HOT SPECIALS... | | DAILY FAVES... | PACKED LUNCH... | JACKET POTATOES... | PICK A PUDI |
| MONDAY | Macaroni Cheese Served with Two Vegetables | Vegetarian Sausage Served with Mashed Potato and Gravy | Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta | Packed Lunch See below for details | Jacket Potatoes with a choice of hot and cold fillings | Vanilla Ice Cream with Fruit Slices |
| TUESDAY | Chicken Pie Served with Mashed Potato and Gravy | Cheese and Tomato Pizza Served with Potato Wedges | Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta | Packed Lunch See below for details | Jacket Potatoes with a choice of hot and cold fillings, including Salmon Mayonnaise | Hot Chocolate Sponge with Chocolate Custard and Fruit Slices |
| WEDNESDAY | Roast Turkey Served with Roast Potatoes, Two Vegetables and Gravy | Vegan Sausage Casserole Served with Two Vegetables | Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta | Packed Lunch See below for details | Jacket Potatoes with a choice of hot and cold fillings | Oat Cookie served with Fruit Slices |
| THURSDAY | Beef Bolognese Served with Wholmeal Pasta and Two Vegetables | Chinese Vegetable Rice Served with Two Vegetables | Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta | Packed Lunch See below for details | Jacket Potatoes with a choice of hot and cold fillings | Apple Crumble served with Custard |
| FRIDAY | Breaded Fish Served with Chips and Three Vegetables | Quorn Dippers Served with Chips and Three Vegetables | Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta | Packed Lunch See below for details | Jacket Potatoes with a choice of hot and cold fillings | Ice Cream Milkshake with Shortbread and Fruit Slices |

PACKED LUNCH - AVAILABLE DAILY
HAM OR CHEESE SANDWICH OR DAILY SPECIAL, VEGETABLES, FRESH FRUIT AND DESSERT OF THE DAY

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

ALL MAIN MEALS SERVED WITH TWO VEGETABLES

🌿 Vegetarian
🐟 Oily Fish
🌾 Wholegrain
🍌 Fruity!
👩 Nutritionist's Choice
🍴 Halal Available



Hedgehogs been showing our favourite books from home and reading them to the class.



We have been finding out about being a doctor this week. We have made a doctor's surgery role play area and been looking after our babies



An ambulance made of loose parts

Nursery love singing the Bingo Song

DATES FOR THE DIARY

| | |
|------------------------------------|---------------------------------------|
| Friday 7th July 2023 | Inset Day - school closed to children |
| Tuesday 25th July - approx. 9:30am | Leavers Church Service - |
| Tuesday 25th July | School closes at 1:30pm |
| Tuesday 5th September 2023 | Back to School! |
| Friday 27th October | Inset Day |
| Friday 22nd December | Inset Day |
| Friday 22nd February | Inset Day |
| Friday 24th June | Inset Day |
| Monday 22nd July | Inset Day |
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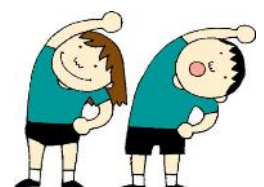
On your child's day, please send them to school dressed in old clothing they do not mind getting dirty. Please also ensure they have wellies to change into, if they are not kept at school. Layers and waterproofs are advised in case of wet weather or sunhats and suncream applied before school for warmer days!

| | |
|-----------|-----------------|
| Year 1 | 11/07/202 |
| Reception | 12/07/2023 - PM |
| Nursery | 12/07/2023 - AM |
| Year 3 | 18/07/2023 |

Please make sure your child has their PE kit in school, long hair tied back & earrings removed. Thank you for your co-operation

PE Timetable Summer 2023

Thursday - Owls & Foxes
Friday - Hedgehogs & Foxes



Things I can do when I need to

CALM DOWN



NAME MY FEELINGS



DEEP BREATHING



WRITE A LETTER



IMAGINE A QUIET PLACE



CHILD POSE



DRINK WATER



WARM BATH



RUN



5-4-3-2-1
GROUNDING
TECHNIQUE



HUG



PAINT



BLOW BUBBLES



SMELL MY
FAVOURITE
SCENT



SQUEEZE
SOMETHING



LISTEN TO
MUSIC

100
99
98

COUNT
BACKWARDS



GET OUTSIDE



PRESS AND
RELEASE
PALMS
TOGETHER



WATCH FISH



NOISE
CANCELLING
HEADPHONES



PLAY WITH
A PET



HUG A TOY



WRAP UP IN A
BLANKET



COUNT
HEARTBEATS

THE MENTAL HEALTH SUPPORT TEAM IN SCHOOLS ARE **OPEN** OVER THE SCHOOL HOLIDAYS



Wednesday 26th July - Friday 1st September

If your child is experiencing low level mental health difficulties, we may be able to help. Call us* between 9am - 5pm (Monday to Friday), leave your name and number and one of our practitioners will give you a call back to see what support we can offer.

We can help with:

- Low mood
- Anxiety
- Sleep difficulties
- Worry
- Panic



Burton and Uttoxeter
01283 504487

Gannock and Stafford
01283 352113

Tamworth
01785 301027



*Please note that these contact numbers are not to be used in an emergency.

STAFFORD MHST

Schools we work with:

- Burton Manor Primary School
- Castlechurch Primary School
- Doxey Primary & Nursery School
 - Flash Ley Primary School
- John Wheeldon Primary Academy
 - King Edward V1 High School
 - Penkridge Middle School
 - Sir Graham Balfour School
- St. Leonard's CofE First School
- Stafford Manor High School
 - Veritas Primary Academy
- St Patrick's Catholic Primary School
 - St Leonard's Primary School
- St Austin's Catholic Primary School
 - Walton Hall Academy
- Walton Priory Middle School
 - Silkmore Primary Academy
 - Marshlands School
- Blessed William Howard Catholic School

@SouthStaffsMHST

Families' Health and Wellbeing



Midlands Partnership
NHS Foundation Trust
A Keele University Teaching Trust

School Nurse virtual drop in clinic

Every
Thursday
from
3.30 - 4.30pm



The School Nurse is here to help your child feel healthy, happy and safe during their school years and to get the best from their education. If you have any concerns about their health and wellbeing please drop in to chat.



Join the link and talk to a School Nurse.

We provide a confidential and friendly service

mpft.live/schoolnurse



JUNIOR GOLF CAMPS



£25 per day

9.00am-3.00pm

Tuesday 25th July
 Thursday 27th July
 Tuesday 1st August
 Wednesday 16th August
 Friday 18th August
 Tuesday 22nd August
 Friday 25th August
 Wednesday 30th August
 Thursday 31st August

The Chase Golf Camps promise to be incredible days of fun, excitement and achievement, with prizes and certificates to be won. A fun camp for boys and girls of all ages & abilities covering all aspects of the game.

Find us on:





Please contact the Golf Professional team on
01785 712 888 ext 227
 email: katgapro@gmail.com
www.thechasegolf.co.uk

THE CHASE



Wildchild FESTIVAL

Wednesday August 2
10am - 4.30pm

Get Wild with us at The Wolseley Centre for craft and construction zones, dancing, theatre plays, nature trails, wildlife spotting, delicious food, and so much more. It's going to be a blast!

Booking is required

More info





ARTS COUNCIL ENGLAND

Winter Coat Drive

PLEASE DONATE ANY UNUSED COATS



This summer Stafford Sports and Performance Academy are looking to collect 300 winter coats. All coats collected will be given to House of Bread Charity to use this coming winter for those people that are in need. Coats need to be in good condition (no rips) and also clean (please have them washed prior to donating.) All sizes appreciated. If you have coats to donate then please contact Stephen Glover on:

07793891029

or email stephenglover@staffordsport.co.uk.

If multiple coats these can be collected in the Stafford Area. Alternatively SSPA will be accepting coats at any of their community dance classes, or their Summer Holiday Sports Clubs at Blessed William Howard School. PLEASE SUPPORT AS MUCH AS YOU CAN.




Stafford (2)



Thursday 6th / 13th / 20th / 27th July

Ability Counts
4:30 - 6:30pm
6 - 16 years

Gnosall Village Hall, Lowfield Lane, Gnosall, ST20 0ET



Thursday 27th July

Flip Out
10am - 12pm
5 - 19 years

Stone Business Park, Opal Way, Stone, ST15 0SS



