



Friday Post

Friday 24th March 2023

Our School Value: Forgiveness

Be kind to one another, tender-hearted, forgiving one another, as God in Christ forgave you. Ephesians 4.32

Dear families,

Another busy has flown by and warmer weather seems to be slowly starting to surface!

This week we welcomed our Chair of Governors, Katrina Gibson, and our Trust Deputy CEO, Tracy Ward into school for a visit. It was wonderful to be able to share all the fantastic learning taking place here at St Leonards with them. Both commented on what a warm and welcoming setting we have.

Mrs Carrington met with Foxes parents on Wednesday ahead of the Laches Wood residential - excitement levels are definitely high as the children look ahead to their overnight trip in May. We can't wait to share photos and celebrate stories of their adventures with you.

After Easter, we will be opening the school library on a Friday from 3pm until 3.30pm. You will be able to visit with your children and choose a book to take home and enjoy. Books can then be returned and swapped the following Friday. For those attending Ark on a Friday, Miss King and Mrs Trumble will give them the opportunity to visit the library before they are collected.

Next week we have much to look forward to - Easter workshops for Foxes and Hedgehogs, Owls' trip to Stafford Castle, the PTA Easter Egg Hunt and Foxes' Easter Service - we'll certainly be ready for the Easter break!

Have a wonderful weekend,
Miss Phillips



Headteacher: Miss C Phillips,
St Leonard's First School & Nursery,
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E-mail: office@st-leonards-dunston.staffs.sch.uk
Chair of LAC: (Governors) K Gibson
Email: chair@st-leonards-dunston.staffs.sch.uk

 **Staffordshire
University
Academies
Trust**



Please park safely
give consideration to
the residents and
make sure junctions
are left clear when parking
around school. Please also switch
off your engines whilst you are
stationary.

Thank you for your co-operation.



If you wish to apply for a
place in our school nursery
start in September 2023,
application forms need to be
handed into the office by
Friday 24th March 2023.
Places will be allocated w/c
Monday 27th March. Forms
are available from the school
office.



After School Clubs - Summer Term

Thank you to everyone who has already returned their club slip.
Places will be allocated on Wednesday of next week, so if you
haven't returned your slip please do so by Tuesday at the latest.

Mondays - Gardening / Eco

Tuesday - Art

Wednesday - Choir

Thursday - Athletics

Friday - Football

This week during worship we are learning:

'Alive, Alive!'

[Kids Worship: Alive Alive - YouTube](#)

Please follow the link above to hear the music





As part of Science week, Foxes have been learning about how volcanos erupt. They carried out a simple experiment, predicting what would happen when mentos were added to a bottle of fizzy drink. They found that the bubbles and fizzy drink quickly burst out of the bottle into a high fountain. This is because the carbon dioxide molecules attached to the surfaces of the Mentos.



Wanted!



Class Owls would like to update their reading corner and we are wondering if anyone has any of the following books that they might not need anymore, and are willing to donate to school?

Jez Alborough

Hello Beaky!
Duck in the Truck
Fix it Duck
Captain Duck
The Gobble Gobble Moooooo

Gemma Merino

The Crocodile who didn't like water
The Duck With No Luck
The Cow Who Climbed a Tree
The Dragon Who Didn't Like Fire
The Sheep Who Hatched an Egg

Eileen Browne

Handa's Surprise
Handa's Noisy Night
Handa's Hen
Handa's Surprising Day
Tick Tock

Julia Donaldson

The Ugly Five
The Gruffalo
The Smartest Giant in Town
A Squash and a Squeeze
The Troll

David Lichfield

The Bear and the Piano
The Bear, the piano and Little Bears Concert
The Bear, the piano, the dog and the Fiddle
Grandad's Secret Giant
Lights on Cotton Rock

Class Owls trip to Stafford Castle

A reminder to bring your packed lunch, if you haven't ordered one from the kitchen, and to wear suitable footwear and have a waterproof coat on Wednesday ready for your trip.



Weekly House Point Tally



Oak

164

Holly

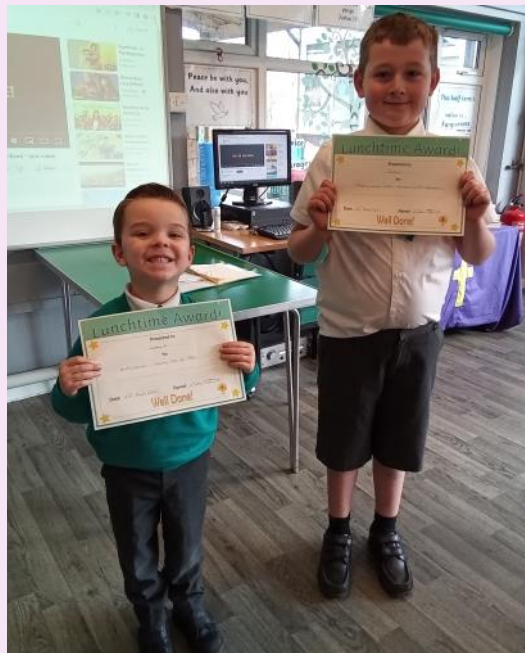
91

Sycamore

128

Each week the team with the most tokens gains 3 leaves on their tree, 2nd gets 2 leaves and 3rd gets 1 leaf. At the end of the term the team with the most leaves will earn a reward.

Lunchtime Award



Children in Early Years have been learning the story of Palm Sunday. They waved palm leaves and flags, cheered, and played instruments as they acted out Jesus and his donkey arriving in Jerusalem.



REMINDER



ParentPay®

Unless your child is in receipt of Free School Meals lunches provided by our school kitchen for children in Nursery, Year 3 & Year 4 are at a cost of £2:45 daily. Please keep your ParentPay accounts topped up to cover this. Thank you for your co-operation.

Grapes & Cherry Tomatoes

If you are sending your child with either grapes or cherry tomatoes please can you cut them in half lengthways. The size and shape of grapes & tomatoes means that they can plug a child's airway and the tight seal produced by the smooth surface makes them difficult to dislodge with standard first aid techniques. [Baby and toddler safety - NHS](#)



Lunchtime Menu ~ 27/03/2023



WEEK 1 MENU		W/C: 31/10 21/11 12/12 02/01 23/01 13/02 06/03 27/03		Chartwells So much more than Potatoes!		
	HOT SPECIALS...	DAILY FAVES...	PACKED LUNCH...	JACKET POTATOES...	PICK A PUDI!	
MONDAY	Macaroni Cheese Served with Two Vegetables	Vegetarian Sausage Served with Mashed Potato and Gravy	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Packed Lunch See below for details	Jacket Potatoes with a choice of hot and cold fillings	Vanilla Ice Cream with Fruit Slices
TUESDAY	Chicken Pie Served with Mashed Potato and Gravy	Cheese and Tomato Pizza Served with Potato Wedges	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Packed Lunch See below for details	Jacket Potatoes with a choice of hot and cold fillings, including Salmon Mayo/sauce	Hot Chocolate Sponge with Chocolate Custard and Fruit Slices
WEDNESDAY	Roast Turkey Served with Roast Potatoes, Two Vegetables and Gravy	Vegan Sausage Casserole Served with Two Vegetables	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Packed Lunch See below for details	Jacket Potatoes with a choice of hot and cold fillings	Oat Cookie served with Fruit Slices
THURSDAY	Beef Bolognese Served with Wholesome Pasta and Two Vegetables	Chinese Vegetable Rice Served with Two Vegetables	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Packed Lunch See below for details	Jacket Potatoes with a choice of hot and cold fillings	Apple Crumble served with Custard
FRIDAY	Breaded Fish Served with Chips and Three Vegetables	Quorn Dippers Served with Chips and Three Vegetables	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Packed Lunch See below for details	Jacket Potatoes with a choice of hot and cold fillings	Ice Cream Milkshake with Shortbread and Fruit Slices

PACKED LUNCH - AVAILABLE DAILY
HAM OR CHEESE SANDWICH OR DAILY SPECIAL, VEGETABLES, FRESH FRUIT AND DESSERT OF THE DAY

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

ALL MAIN MEALS SERVED WITH TWO VEGETABLES

Vegetarian Oily Fish Wholegrain
Fruity! Nutritionist's Choice Halal Available



NO NUTS!

Please note do not send children to school with any items containing nuts due to children who have allergies. Thank you

HEALTHY EATING



As part of their learning on healthy eating children in Hedgehogs made porridge, they talked about the healthy choices they could make to make the porridge taste sweeter 'good sugars' some of the children even liked the porridge when they thought that they didn't



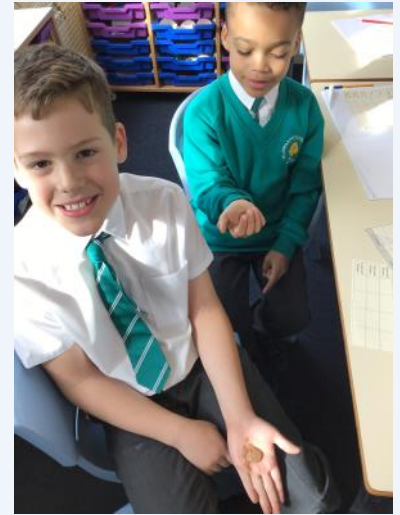
Star of the week



BIG QUESTION

Can a baby commit a crime?

To develop our philosophical thinking we will be asking a BIG question each week!
As a family take time to discuss the following question! Miss Phillips will be discussing a new BIG question during Worship next week.

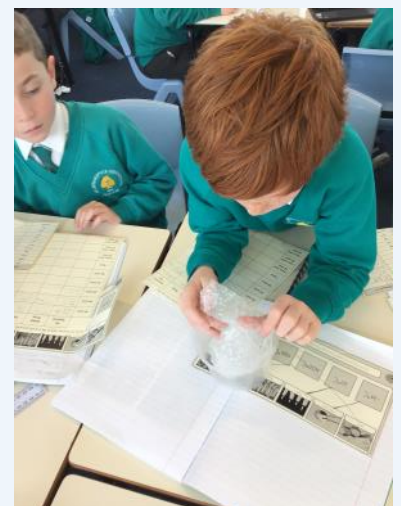
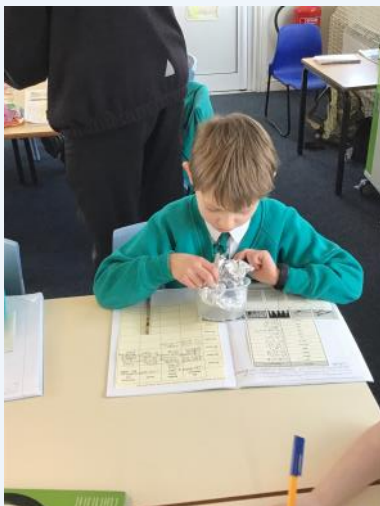


This week we held a series of experiments to investigate how materials change state. Children were given a chocolate button to hold in their hand. We investigated how long it took to melt and who's melted the quickest.



MELTING INVESTIGATIONS

We then had an ice cube on our tables in different states. One ice cube was wrapped in bubble wrap, another in tin foil, a tea towel then one left completely alone. We checked every 10 minutes to see how the ice cube was changing and we discussed our findings.



DATES FOR THE DIARY

Wednesday 29th March	Owls - Class trip to Stafford Castle
Wednesday 29th March - 2:30pm	Family Easter Egg Hunt <i>letter already sent home</i>
Thursday 30th March	Foxes Easter celebration at church - Foxes parents only
Thursday 30th March	Re-scheduled Parents Evening (moved from 09/03/23)
Monday 3rd April - Friday 14th April	Easter Holidays
Monday 17th April	Reception & Middle School Places allocated
Friday 28th April	Class & Y4 Leavers Photos with Academy Photography
Monday 1st May	Bank Holiday
Tuesday 2nd - Wednesday 3rd May	Foxes at Laches Wood
Thursday 4th May	Foxes - Bikeability
Friday 5th May	Coronation Celebrations family afternoon tea - <i>info to follow</i>
Monday 8th May - 2pm	Bank Holiday - King Charles III coronation - 2pm
Friday 26th May	Inset Day - school closed to children
Thursday 29th June	Sports Day - <i>more info to follow</i>
Friday 7th July 2023	Inset Day - school closed to children



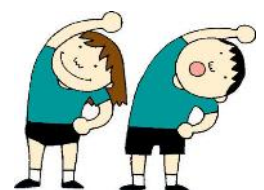
Please see the timetable below. On your child's day, please send them to school dressed in old clothing they do not mind getting dirty. Please also ensure they have wellies to change into, if they are not kept at school. Layers and waterproofs are advised because of the winter weather.

28/03/2023	Hedgehogs - Reception
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Please make sure your child has their PE kit in school.
Thank you for your co-operation

PE Timetable March 2023

Thursday - Owls & Foxes
Friday - Hedgehogs & Owls
Friday - Foxes will be swimming



FEEDBACK FORTNIGHT

**YOUR SERVICE
YOUR SAY
YOUR STAFFORDSHIRE**



Staffordshire Children and Families



Feedback Fortnight

20th March to 31st March 2023



SCAN ME



WHAT IS FEEDBACK FORTNIGHT?

It's an opportunity for everyone to provide feedback, views and opinions on Staffordshire's Children & Family Services.

There is a survey that you can complete, with only a few questions to answer about the service you are providing feedback on, but also opportunity to give your opinions about more than one service.

We welcome thoughts from everyone! Young people, parents/carers, families and professionals, on any of our children's services.

CLICK HERE

[https://
consultation.staffordshire.gov.uk/
childrens-and-families/feedback-
fortnight-2023/](https://consultation.staffordshire.gov.uk/childrens-and-families/feedback-fortnight-2023/)



JOINING UP CARE FOR CHILDREN AND YOUNG PEOPLE

Are you the parent or carer of a young person who has health needs that mean they have appointments with, or visits from more than one health care professional, organisation or service?

Come and join us to play a game of 'Whose Shoes' so we can hear from your perspective on how we better join up care.

**WEDNESDAY 24TH MAY 2023 AT STAFFORD RUGBY CLUB
ST16 2TT**

**WE WILL PROVIDE REFRESHMENTS FROM 9.30 FOR A 10AM
START.**

LUNCH WILL BE AVAILABLE AND WE WILL FINISH BY 2.30PM.



Scan the QR code or book
[here](#)
or contact
involvement@mpft.nhs.uk



Free workshop for parents of children who self-harm

Staffordshire Educational Psychology Service have worked in partnership with the Midlands Partnership NHS Foundation Trust to create four parental workshops that will be running across Staffordshire. These informal workshops will create a safe-space for parents to discuss self-harm. There will be a presentation that will focus on understanding why children self-harm and how adults can support them.



Castle House, Newcastle
1pm - 3pm, April 26th 2023



Staffordshire Place 1, Stafford
1pm - 3pm, May 24th 2023



East Staffordshire Children's
Centre, Burton
1pm - 3pm, 7th June 2023



Wolseley Centre, Rugeley
1pm - 3pm, 7th June 2023

We only have limited spaces there fore if you are interested in attending please book a place by emailing:

jessica.hill@staffordshire.gov.uk

Ten top tips for STRONGER PASSWORDS

Passwords continue to be the most common way to prove our identity online. A combination of a username and a password known only to the user provides access to our online accounts and data – and hopefully keeps unauthorised individuals out. As a security measure, though, passwords are relatively weak. People are often predictable in how we choose our passwords, for example – making them less secure. With increasing volumes of usernames and passwords being leaked online, what can we do to keep our data more secure? Here are our top tips for stronger passwords.

BE UNPREDICTABLE

We often choose passwords which are easy to remember, featuring the names of our favourite sports team or favourite film, for instance. These are predictable passwords. Cyber criminals will routinely try various combinations of passwords relating to sports teams, teams, musical artists and the like – and they often focus on those during major sporting events or around high-profile movie releases.

AVOID GETTING PERSONAL

Many of us use passwords relating to our family, such as children's names or favoured holiday destinations. The problem here is that we also typically post about our holidays and our family on social media – making that information potentially visible to cyber criminals and supplying them with clues which could help them in narrowing down possible passwords we might have set.

NEW PLATFORM, NEW PASSWORD

When cyber criminals gain access to an online service through a data breach, they often use the data they've stolen to try and access the victim's other accounts. This is because the criminals know that, for convenience, people often use the same password across different services. When we reuse passwords, our security is only as strong as the weakest one where we've used it.

LONGER IS STRONGER

Our passwords are often stored by online services in an encrypted format, in case the service suffers a data breach. The strength of the encryption, however, is dependent on the length of the password you've selected. If your password is only a short one, cyber criminals are significantly more likely to be able to break the encryption and identify your password.

CHECK SOCIAL MEDIA VISIBILITY

Staying up to date with friends and relatives on social media is part of everyday life now. We need to ensure, though, that we limit who can see our posts via each platform's privacy settings. It's also wise to consider what we're posting and if it's easy for cyber criminals to see, we reduce the chance of them using that information to identify our passwords.

Meet Our Expert

A Certified Information Systems Security Professional (CISSP), Gary Handman is the Director of IT at a large boarding school in the UK. Having worked alongside in schools and colleges in Britain and the Middle East, with a particular research interest in cybersecurity and cyber security for business, it is essential that we become more aware of the risks around technology, based on the lessons.



DOUBLE LOCK YOUR DATA

It's possible that cyber criminals may eventually discover your username and password. Enabling multi-factor authentication (MFA) on your accounts, however, reduces the chance of them obtaining access to your data, as they'd also require a code which is provided via an app, text message or email. MFA isn't infallible, but it does definitely provide extra protection and security.

DELETE UNUSED ACCOUNTS

Data breaches occur when cyber criminals gain access to an online service and all the data contained within it – including usernames and passwords. Whenever you stop using a service, it's wise to make sure that you delete your online account and not just the actual app. If the service no longer has your data, there's zero risk of it being leaked should they suffer a data breach in the future.

TRY PASSWORD MANAGERS

Even though most of us have numerous online accounts to manage these days, it's advantageous to avoid password re-use. Specialist password management software (like Dashlane or OnePass, among others) can help by storing a different password for every online service that you have an account with: the only one you or child will need to remember is the single master password.

GET CREATIVE

The British government's National Cyber Security Centre (NCSC) recommends the 'three random words' technique. This method helps you create a password which is unique, complex and long – yet which is memorable enough to stay in your mind ('FourBreadCakes', for example). The NCSC website, incidentally, also offers plenty of other useful information relating to personal cyber security.

STAY VIGILANT

The best way to protect your accounts and your data is to be vigilant and careful. If you receive an email or text message that's unusual or unexpected, treat it as suspicious until you're able to verify whether it's genuine and safe. Starting from a position of vigilance and caution will reduce the likelihood of you or your child being tricked by a malicious email, text or phone call.

NOS
National Online Safety
#WakeUpWednesday

Source: <https://www.nos.gov.uk/>

[@nationalonlinesafety](https://twitter.com/nationalonlinesafety)

[/NationalOnlineSafety](https://www.facebook.com/NationalOnlineSafety)

[@nationalonlinesafety](https://www.instagram.com/nationalonlinesafety)

[@national_online_safety](https://www.tiktok.com/@national_online_safety)



www.staffordsport.co.uk



Easter Holiday Sports Clubs

At Blessed William Howard Catholic School



Monday 3rd April - Thursday 6th April
Tuesday 11th April - Friday 14th April



8.30am- 5.30pm - £19 per day
10am-4pm - £16 per day



Staff are NGB qualified, DBS Checked and First Aid Trained.
Staff employed by the Stafford Sports and Performance Academy



The days will be filled with sporting fun including football, rounders, gymnastics, dance, cricket, badminton, table tennis and MORE. Sessions are perfect for boys and

IDEAL FOR AGES 5-13



www.facebook.com/staffordsport



**To book a place please call or email:
07793891029 holidayclubs@staffordsport.co.uk**



www.staffordsport.co.uk



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CHURCH EATON CRICKET CLUB

CRICKET IS BACK FOR 2023!



We're so excited to be offering All Stars Cricket at Church Eaton CC this year!

All Stars is aimed at 5-8 year olds and is a brilliant, fun and energetic 8-week introduction to the cricket.

For £40 all participants will get a personalised t-shirt, back pack, bat and ball as well as 8 weeks of coaching.

Here is the link to book your child's place - www.ecb.clubspark.uk/AllStars/At/churcheaton



CONTACT US
CHURCHEATONCC@MAIL.COM



A community club

We are a club that pride ourselves on providing cricket too all in our community from the ages of 3 onwards.

Cricket for all

Here at church eaton we run a full range of teams so everyone can be included no matter your skill level. Everyone is welcome.

Club development

Our club is committed to improving facilities to help you reach your potential & we have recently installed a brand new three lane net facility for the 2023 season.

Churches together in Penkridge

Easter Holiday Club

Easter Holiday Club, run by Churches Together in Penkridge will take place on **Wednesday 5th April, in St Michael's School, from 10am to 12.30pm**. All children from reception class to Y8 are welcome as we enjoy games, singing, bible stories, crafts and much more thinking about the death and resurrection of Jesus. There is no charge for day but donations will be welcome on the day towards the cost of the day. For more information and to register your child please [email penkholclub@btinternet.com](mailto:penkholclub@btinternet.com) or phone 07806 804943



CHURCH EATON CRICKET CLUB

ITS TIME TO GET BACK OUTSIDE & ACTIVE!

CECC are looking for new Junior & Senior players for the 2023 season.

We are clubmarked with the ECB & have qualified coaches for every age group



Our teams -

- #Cricket Tots- Ages 3-6
- #All Stars -Ages 5-8
- #under 9 teams
- #under 10s teams
- #under 12 teams
- #under 13s teams
- #under 15s teams
- #Womens teams
- #Senior league teams

Find us on



THE SPORTS PAVILLION, HIGH STREET,
CHURCH EATON, ST20 0AG

A community club

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Club development

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CONTACT US
CHURCHEATONCC@MAIL.COM

EASTER BIG BOUNCE

Giant Indoor Inflatable Play Event

SAVE UPTO **10%** ONLINE
USE CODE "SCH10"
VALID MARCH 23,

STAFFORD - WED 5th APRIL
Stafford Leisure Centre

(MORE VENUES ONLINE)

TICKETS ARE NOW ON SALE! →



Unlimited Play on a Huge Indoor Arena Full of Supervised Inflatables & Interactive Games

Ideal for 4 - 13 year olds

- Bouncy Castles - Slides - Free Fall Jump
- Obstacle Courses - Sports Games - Rodeo Sheep
- Under 5's Zone - Speed Game - Disco Dome
- Total Wipeout Sweeper Game - nerf guns
- Helter Skelter - Wrecking Ball - Bungee

UNDER 5's INFLATABLES

EasterEggHunt & Charity Raffle



BOOK NOW!

www.BigBounceEvents.co.uk

Hooded By **THE BEST FUN**
CALL THE BEST FUN ON 07721 312167
www.thebestfun.co.uk

We Support **TEENAGE CANCER TRUST**

Raised **£7000** SO FAR!



Enter FREE Family Ticket Competition HERE @Big Bounce Events

