



Friday Post

Friday 17th March 2023

Our School Value: Forgiveness

Be kind to one another, tender-hearted, forgiving one another, as God in Christ forgave you. Ephesians 4.32

Dear families,

The comedy show this morning was a fantastic way to end the week! Our children certainly have got talent, and laughter is always good for the soul!

Thank you for all your generous donations to Comic Relief; despite the challenging economic climate we are all living in, it is encouraging to be able to give to charity and look to better the world around us. At times, this is through money, and on other occasions through loving words or random acts of kindness.

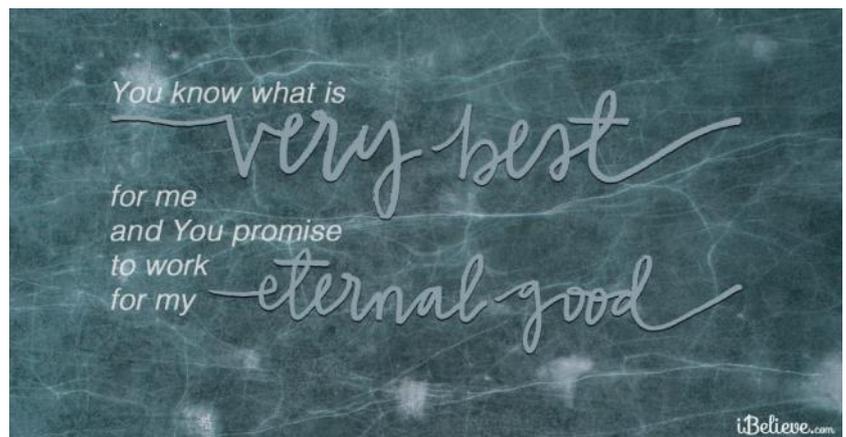
Our entrance hall display is looking fantastic! We are fast filling it with photos of the things our school loves. It is great to learn about what interests we have outside of school - we have lots of budding horse riders, footballers and people who just love to holiday! The staff are also adding their faces to the wall so keep an eye out when you next call in. If your child has not yet added their photo, it can be emailed to the office.

Plans are underway for the Kings Coronation celebration afternoon, invitations may come home with your child, but a detailed letter will be sent home after Easter will all of our plans.

Don't forget to check out this week's BIG QUESTION! I wonder what debate it will spark for you.

Thank you to Mrs Trumble and Miss King for stepping in to run the Mothers Day craft.

Have a wonderful Mothering Sunday.
Miss Phillips



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 **Staffordshire
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FOXES Residential Visit to Laches Wood

A parents meeting is being held with Mrs Carrington on **Wednesday 22nd March** straight after school, to go through any questions you may have and to find out more information about the visit and receive any handouts. A reminder to parents in years 3 & 4, that payment for the visit is now due via your ParentPay account, thank you to those who have already paid in full.



If you wish to apply for a place in our school nursery start in September 2023, application forms need to be handed into the office by **Friday 24th March 2023**. Places will be allocated w/c Monday 27th March. Forms are available from the school office.



To celebrate British Science Week, NFU Education. Will be sharing, free and curriculum-aligned Live Lessons. This year's lessons will take learners on an adventure from the very bottom of the sea, all the way to outer space to explore three puzzling questions linked to the British Science Week 2023 theme of 'connections':
How are tractors connected to space?
How are pigs connected to jumbo jets?
And how are sheep connected to seaweed?

Follow the link to find out more: <https://livestream.co.uk/science-farm-live-2023/>

This week during worship we are learning:

'Christ is risen from the dead

<https://www.youtube.com/watch?v=CFyN0n6knAA>

Please follow the link above to hear the music



Comedy Show



The School Council Judges!

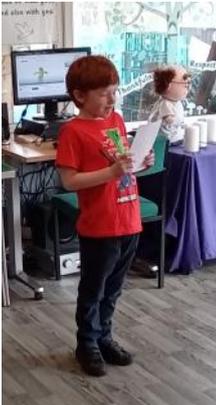


Why was the picture in prison?
BECAUSE HE WAS FRAMED!



What do you call a cow on a trampoline?

A MILKSHAKE!



What do pirates say when they are cold?



SHIVER-ME-TIMBERS!

What do trees do on a computer?

THEY LOG-ON!



Children in Reception led the whole school in joining in with Superman!



Nursery entertained us with their version of The Birdie Song!



Wanted!

Class Owls would like to update their reading corner and we are wondering if anyone has any of the following books that they might not need anymore, and are willing to donate to school?

Jez Alborough

Hello Beaky!
Duck in the Truck
Fix it Duck
Captain Duck
The Gobble Gobble Moooooo

Gemma Merino

The Crocodile who didn't like water
The Duck With No Luck
The Cow Who Climbed a Tree
The Dragon Who Didn't Like Fire
The Sheep Who Hatched an Egg

Eileen Browne

Handa's Surprise
Handa's Noisy Night
Handa's Hen
Handa's Surprising Day
Tick Tock

Julia Donaldson

The Ugly Five
The Gruffalo
The Smartest Giant in Town
A Squash and a Squeeze
The Troll

David Lichfield

The Bear and the Piano
The Bear, the piano and Little Bears Concert
The Bear, the piano, the dog and the Fiddle
Grandad's Secret Giant
Lights on Cotton Rock

Class Owls trip to Stafford Castle

A reminder to make your payment for the trip to Stafford Castle via your ParentPay account.



Weekly House Point Tally



Sycamore

101

Holly

90

Oak

40

Each week the team with the most tokens gains 3 leaves on their tree, 2nd gets 2 leaves and 3rd gets 1 leaf. At the end of the term the team with the most leaves will earn a reward.



SOLIDS TO LIQUIDS

Foxes have been investigating turning solids into liquids using chocolate, they even got to eat their investigation at the end!





Calling all parents and prospective parents.....we need your views!

Each year we carry out detailed information sharing with childcare providers and schools, but we need to get your views too.

We would like to know about your experiences using childcare so that we can help to support parents better and make sure that the childcare on offer meets your needs. Closing date: 19th March 2023

Please click on the link below

<https://consultation.staffordshire.gov.uk/education-and-learning/childcare-and-you-2023/>

Lunchtime Menu ~ 20/03/2023



WEEK 3 MENU		W/C: 14/11 05/12 26/12 16/01 06/02 27/02 20/03 10/04		Charterhouse to make more than fantastic food			
		NOT SPECIALS...	DAILY FAVES...	PACKED LUNCH...	JACKET POTATOES...	PICK A PUDE!	
AUTUMN/WINTER 2022	MONDAY	Cheese and Tomato Pizza Served with Potato Wedges	Vegetable Chilli Served with Wholegrain Rice	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Packed Lunch See below for details	Jacket Potatoes with a choice of hot and cold fillings	Strawberry Ice Cream with Fruit Slices
	TUESDAY	Sweet and Sour Chicken Served with Wholegrain Rice	Vegetable Chow Mein Served with Two Vegetables	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Packed Lunch See below for details	Jacket Potatoes with a choice of hot and cold fillings	Fruity Flapjack Bar
	WEDNESDAY	Roast Pork Served with Roast Potatoes, Two Vegetables and Gravy	Vegetable Pastry Roll Served with Roast Potatoes, Two Vegetables and Gravy	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Packed Lunch See below for details	Jacket Potatoes with a choice of hot and cold fillings	Lemon Drizzle Cake with Fruit Slices
	THURSDAY	Cottage Pie Served with Two Vegetables	Vegetarian Cottage Pie Served with Two Vegetables and Gravy	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Packed Lunch See below for details	Jacket Potatoes with a choice of hot and cold fillings	Chocolate Slice with Fruit Slices
	FRIDAY	Breaded Fish Served with Chips and Three Vegetables	Vegan Meatballs in Tomato Sauce Served with Chips and Three Vegetables	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Packed Lunch See below for details	Jacket Potatoes with a choice of hot and cold fillings	Chocolate Milkshake served with a Chocolate Biscuit and Fruit Slices

PACKED LUNCH - AVAILABLE DAILY
HAM OR CHEESE SANDWICH OR DAILY SPECIAL, VEGETABLES, FRESH FRUIT AND DESSERT OF THE DAY

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

ALL MAIN MEALS SERVED WITH TWO VEGETABLES

Vegetarian Oily Fish Wholegrain

Fruity! Nutritionist's Choice Halal Available



NO NUTS!

Please note do not send children to school with any items containing nuts due to children who have allergies. Thank you



Year 1 got fully immersed in their Design Technology topic on homes. First they thought about the exterior of homes and built a house with a roof, chimney and garage attached using a range of joining techniques.

Then they thought about the interior features of homes. They found out how to attach a door to a wall using a hinge, so that it can open and close, they made some small items of furniture and designed some lovely patterned wallpaper using Purple Mash on the ipads.





Star of the week



BIG QUESTION

Why don't dogs laugh?

To develop our philosophical thinking we will be asking a BIG question each week!
As a family take time to discuss the following question! Miss Phillips will be discussing a new BIG question during Worship next week.

DATES FOR THE DIARY

Wednesday 22nd March - 3pm	Laches Wood information session
Wednesday 29th March	Owls - Class trip to Stafford Castle
Wednesday 29th March - 2:30pm	Family Easter Egg Hunt <i>more info to follow</i>
Thursday 30th March	Foxes Easter celebration at church - Foxes parents only
Thursday 30th March	Re-scheduled Parents Evening (moved from 09/03/23)
Monday 3rd April - Friday 14th April	Easter Holidays
Monday 17th April	Reception & Middle School Places allocated
Friday 28th April	Class & Y4 Leavers Photos with Academy Photography
Monday 1st May	Bank Holiday
Tuesday 2nd - Wednesday 3rd May	Foxes at Laches Wood
Thursday 4th May	Foxes - Bikeability
Friday 5th May	Coronation Celebrations family afternoon tea - <i>info to follow</i>
Monday 8th May - 2pm	Bank Holiday - King Charles III coronation - 2pm
Friday 26th May	Inset Day - school closed to children
Thursday 29th June	Sports Day - <i>more info to follow</i>
Friday 7th July 2023	Inset Day - school closed to children



Please see the timetable below. On your child's day, please send them to school dressed in old clothing they do not mind getting dirty. Please also ensure they have wellies to change into, if they are not kept at school. Layers and

waterproofs are advised because of the winter weather.

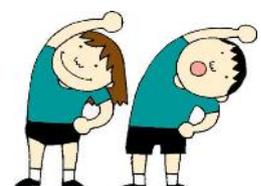
21/03/2023	Owls - Y1
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28/03/2023	Hedgehogs - Reception
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Please make sure your child has their PE kit in school. Thank you for your co-operation

PE Timetable March 2023

Thursday - Owls & Foxes
Friday - Hedgehogs & Owls
Friday - Foxes will be swimming



Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you – or your child – took a moment to share something kind or positive instead? In fact, when did you last stop and think about your family's online activities? To help keep them safe and teach them healthy online habits, we need to develop our children's digital resilience. There are lots of ways that children can become more digitally resilient, and we've pulled together some popular strategies here ...

WHAT IS DIGITAL RESILIENCE?



Resilience doesn't mean being so tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to recover from setbacks. Everyone feels sad, worried, scared or upset at times: it's how we respond and adapt to those situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

MAKE POSITIVE LIFESTYLE CHOICES



- ✓ Make time for the people and things that make you happy.
- ✓ Monitor your screen time and stick to your limits.
- ✓ On social media, follow people that make you feel good about yourself – and unfollow the ones who don't.
- ✓ Spread some positivity: post good reviews, leave encouraging comments and share good news.

KEEP YOUR HEALTH IN MIND

- ✓ Try to factor in regular breaks offline and away from your screen – ideally, outdoors for some revitalising fresh air.
- ✓ Exercise is a brilliant stress-buster: even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- ✓ Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

REACH OUT FOR SUPPORT

- ✓ If you have a problem online, don't be afraid reach out to specialist people or organisations that could help.
- ✓ Follow people on socials who have the same values and morals as you.
- ✓ You could always talk to a friend, or a trusted adult like a teacher or family member for some advice.

PUT SAFETY FIRST



- ✓ If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
- ✓ You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- ✓ Another option is to block the person or the account that's causing you a problem – or you could go one step further by totally deleting the app you were using.

GET THINGS CLEAR IN YOUR HEAD



- ✓ Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- ✓ Think about how it makes you feel when someone sends you a positive or funny message online.
- ✓ What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- ✓ If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.

Meet Our Expert

Cayley Jorgensen is a registered counsellor with the Health Professions Council of South Africa, working in private practice to offer counselling to children, teenagers and young adults. She is the founder of Ingage Support, a mobile app focusing on mental health awareness with the goal of providing resources and solutions to schools worldwide.



National
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Safety®

#WakeUpWednesday

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Easter Holiday Sports Clubs

At Blessed William Howard Catholic School



Monday 3rd April - Thursday 6th April
Tuesday 11th April - Friday 14th April



8.30am- 5.30pm - £19 per day
10am-4pm - £16 per day



Staff are NGB qualified, DBS Checked and First Aid Trained.
Staff employed by the Stafford Sports and Performance Academy



The days will be filled with sporting fun including football, rounders, gymnastics, dance, cricket, badminton, table tennis and MORE. Sessions are perfect for boys and

IDEAL FOR AGES 5-13

facebook

www.facebook.com/staffordsport



To book a place please call or email:
07793891029 holidayclubs@staffordsport.co.uk



www.staffordsport.co.uk



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CHURCH EATON CRICKET CLUB

CRICKET IS BACK FOR 2023!



We're so excited to be offering All Stars Cricket at Church Eaton CC this year!

All Stars is aimed at 5-8 year olds and is a brilliant, fun and energetic 8-week introduction to the cricket.

For £40 all participants will get a personalised t-shirt, back pack, bat and ball as well as 8 weeks of coaching.

Here is the link to book your child's place -

www.ecb.clubspark.uk/AllStars/At/churcheaton



A community club

We are a club that pride ourselves on providing cricket too all in our community from the ages of 3 onwards.

Cricket for all

Here at church eaton we run a full range of teams so everyone can be included no matter your skill level. Everyone is welcome.

Club development

Our club is committed to improving facilities to help you reach your potential & we have recently installed a brand new three lane net facility for the 2023 season.

CONTACT US

CHURCHEATONCC@MAIL.COM



CHURCH EATON CRICKET CLUB

ITS TIME TO GET BACK OUTSIDE & ACTIVE!

CECC are looking for new Junior & Senior players for the 2023 season.

We are clubmarked with the ECB & have qualified coaches for every age group



Our teams -

#Cricket Tots- Ages 3-6

#All Stars -Ages 5-8

#under 9 teams

#under 10s teams

#under 12 teams

#under 13s teams

#under 15s teams

#Womens teams

#Senior league teams

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Club development

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Find us on



THE SPORTS PAVILLION, HIGH STREET,
CHURCH EATON, ST20 0AG

CONTACT US
CHURCHEATONCC@MAIL.COM