



Friday Post

Friday 9th December 2022

Our School Value: Trust

You, Lord, give true peace. You give peace to those who depend on you. You give peace to those who trust you. Isaiah 26:3

Dear families,

It has certainly been a cold one this week!

We had a wonderful trip to Amerton Farm on Tuesday. We explored the farm, went on a tractor ride, met Santa in his beautiful grotto, saw his reindeer and of course made the most of the soft play. The children behaved brilliantly and it was a pleasure for us all to enjoy a day out together.

Congratulations to team Holly who have overall won the most House points this term! As a treat children can bring a teddy to school on Tuesday.

Rehearsals are continuing for our performances next week. Thank you for all the work that has gone in to preparing costumes and learning lines. We have no doubt that you will enjoy the show!

Next week we are sadly saying goodbye to Mrs Goddard as we look forward to Mr Atkins joining us full-time in January. Mrs Goddard has worked with us for over a year and will be missed by us all. Hedgehogs have loved having her teach them this year, and we know her gymnastics club has been very well received. We wish Mrs Goddard all the best and thank her for her commitment to the school. Her last day will be Wednesday so do wish her well when you see her.

Have a wonderful weekend and we will look forward to seeing you on Monday for a fun-filled Christmassy week!

Miss Phillips

Reminder



School will close at 1:30pm for all children on Friday 16th December and re-open Wednesday 4th January.



Lord God, may we, your people, who look forward to the birthday of Christ experience the joy of salvation and celebrate that feast with love and thanksgiving. We ask this through Christ Our Lord. Amen

Headteacher: Miss C Phillips,
St Leonard's First School & Nursery,
School Lane, Dunston, ST18 9AG
Tel: 01785 712488
E-mail: office@st-leonards-dunston.staffs.sch.uk





Please see the timetable below. On your child's day, please send them to school dressed in old clothing they do not mind getting dirty. Please also ensure they have wellies to change into if they are not kept at school. Layers and waterproofs are advised because of the winter weather.

13.12.22

Hedgehogs - Nursery

Owls - extra PE session

After Christmas Class Owls will be having an extra PE session on Friday afternoon, please could you make sure your child has a kit in school on Thursday & Friday. Thank you

The Gigantic Star Whole school Nativity play

Please make sure you have collected your pre-ordered tickets from the office for next weeks Nativity. Donations can now be made via your ParentPay account. If you haven't already done so, please send in your child's costume. thank you for your support.



Swimming - Foxes



After Christmas children in class Foxes will start swimming lessons on a Friday afternoon. They will travel by mini-bus to Wolgarston pool with Miss Phillips and Mr Waters. If your child needs to wear goggles please return the permission slip to the school office. Thank you

Reception 2023

Do you have a child born between 1/09/2018 to 31/08/2019? If so you will be able to apply online for a place in our Reception class from Friday 1st November 2021 the closing date is 15th January 2023. Applications should be made directly at <https://www.staffordshire.gov.uk/Education/Admissions-primary/Apply/Overview.aspx>



Please note that an application must be made for EVERY child regardless of whether or not they are already in our Nursery class.



Children in Hedgehogs were treated to a visit from Alison from The Youth Net who helped them explore the story of The Nativity through games, props and a story in the style of Going on a Nativity Hunt!



Christmas Party

16th December will be party morning and children are allowed to come in non-uniform (sensible shoes please!) Please send your child with a small snack eg chocolate bar or crisps **NO nuts** please. There might also be a special visitor on the day!!



Miss Tina will be serving a traditional Christmas meal on Wednesday 14th December. Thank you to those who have returned their order slip.

Children in After School Care will have a treat of popcorn and watching the Christmas film 'The Star' on **Tuesday 13th December** - don't forget to book your place!

The Christmas post box is now open in the school entrance hall. Cards will be delivered to the classrooms during the week!





Everyone looked very festive in their Christmas jumpers yesterday, thank you for your donations for Save the Children, which will be £ for £ matched by the Government.





“We’re
making
ice”



An ice hunt!



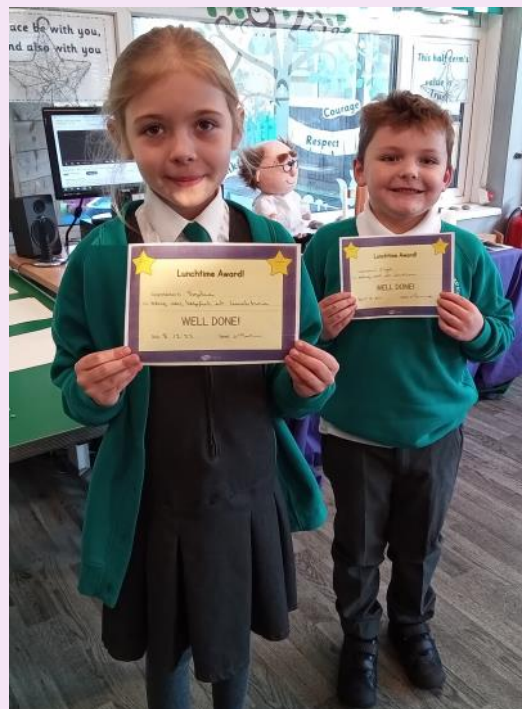
Snow Angel!



stars of the week



Lunchtime Award



Golden Table Award

Bow Harry
Jenson Xander
Alfie Jakey



Awarded by our Lunchtime Supervisors


PTFA

Christmas shopping

means more than just gifts

Raise FREE donations for

St Leonards School Dunston PTFA

with  easyfundraising
feel good shopping



You **Shop**. 6,100 sites will **Donate** to us. For **Free**



Find us on [easyfundraising.org.uk](https://www.easyfundraising.org.uk) or get the App



Over £35 million raised

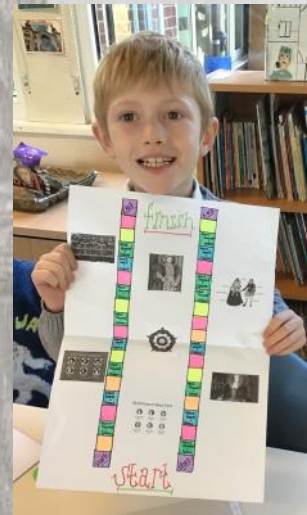
Trustpilot 

Over 2 million users

Tudor houses

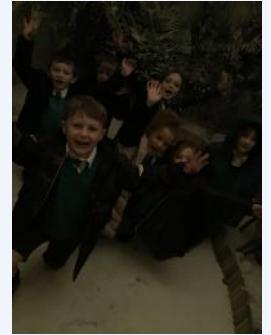


Foxes were set a homework challenge to research all about life as a Tudor - Mrs Carrington is very impressed with how hard everyone has worked!!



We all had a fantastic trip to Ameriton Farm this week, it was great for us all to be together!





Weekly House Point Tally



Sycamore

152

Holly

105

Oak

94

Each week the team with the most tokens gains 3 leaves on their tree, 2nd gets 2 leaves and 3rd gets 1 leaf. At the end of the term the team with the most leaves will earn a reward.

Lunchtime Menu ~ 12/12/2022



WEEK 1 MENU W/C: 31/10 21/11 12/12 02/01 23/01 13/02 06/03 27/03

AUTUMN/WINTER 2022

	HOT SPECIALS...	DAILY FAVES...	PACKED LUNCH...	JACKET POTATOES...	PICK A PUDDING	
MONDAY	Macaroni Cheese Served with Two Vegetables	Vegetarian Sausage Served with Mashed Potato and Gravy	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Packed Lunch See below for details	Jacket Potatoes with a choice of hot and cold fillings	Vanilla Ice Cream with Fruit Slices
TUESDAY	Chicken Pie Served with Mashed Potato and Gravy	Cheese and Tomato Pizza Served with Potato Wedges	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Packed Lunch See below for details	Jacket Potatoes with a choice of hot and cold fillings, including Salmon Mayonnaise	Hot Chocolate Sponge with Chocolate Custard and Fruit Slices
WEDNESDAY	Roast Turkey Served with Roast Potatoes, Two Vegetables and Gravy	Vegan Sausage Casserole Served with Two Vegetables	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Packed Lunch See below for details	Jacket Potatoes with a choice of hot and cold fillings	Oat Cookie served with Fruit Slices
THURSDAY	Beef Bolognese Served with Wholemeal Pasta and Two Vegetables	Chinese Vegetable Rice Served with Two Vegetables	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Packed Lunch See below for details	Jacket Potatoes with a choice of hot and cold fillings	Apple Crumble served with Custard
FRIDAY	Breaded Fish Served with Chips and Three Vegetables	Quorn Dippers Served with Chips and Three Vegetables	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Packed Lunch See below for details	Jacket Potatoes with a choice of hot and cold fillings	Ice Cream Milkshake with Shortbread and Fruit Slices

PACKED LUNCH - AVAILABLE DAILY
HAM OR CHEESE SANDWICH OR DAILY SPECIAL, VEGETABLES, FRESH FRUIT AND DESSERT OF THE DAY

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

ALL MAIN MEALS SERVED WITH TWO VEGETABLES

Vegetarian Oily Fish Wholegrain
 Fruity! Nutritionist's Choice Halal Available



Reminder

There is a change to the menu on Wednesday 14th when Miss Tina will be serving a Traditional Christmas Turkey / Quorn Lunch.

DATES TO REMEMBER

Wednesday 14th December - 10am	Whole School Nativity
Thursday 15th December - 2pm	Whole School Nativity
Friday 16th December	School closes at 1:30pm - <i>no after school care</i>
Monday 19th December - Monday 2nd January	Christmas holidays
Tuesday 3rd January 2023	Inset Day - school closed to children
Friday 6th January	Foxes - Swimming lessons
Thursday 16th February - 9.30am	Church Service - <i>parents will be welcome to join us</i>
Friday 17th February	Inset Day - school closed to children
Monday 20th February - Friday 24th February	Half Term
Wednesday 8th March	Parents Evening - <i>more info to follow</i>
Thursday 9th March	Parents Evening - <i>more info to follow</i>
Monday 3rd April - Friday 14th April	Easter Holidays
Monday 8th May	Bank Holiday - King Charles III coronation



Carols we are learning this festive season:

It was on a Starry Night - <https://www.youtube.com/watch?v=HeRrAzapOQ0>

Away in a Manger - <https://www.youtube.com/watch?v=Zi45JkZtUnM>

Little Donkey - <https://www.youtube.com/watch?v=AHLVM4MJgmo>

Please follow the links above to hear the music





Mental Health Support Team's in schools are open over the Christmas holidays *



If your child is experiencing a mild to moderate mental health difficulty, we may be able to help.

We can help with low mood, anxiety, sleep issues, worry and panic

Please call us on 01283 352113 (Cannock and Stafford) or 01283 504487 (Burton and Uttoxeter)** 9am-5pm Monday-Friday
15th Dec 2022- 6th Jan 2023

Please leave your name and number and one of our practitioners will give you a call back

*Identified schools in Cannock, Stafford, Burton and Uttoxeter areas covered

**PLEASE NOTE, THESE NUMBERS ARE NOT TO BE USED IN AN EMERGENCY

IT'S BACK!



Holiday Activities and Food

for children and young people aged
5-16 who get free school meals*

*Eligible children and young people will be sent a letter via school to register

Registration opens: 4pm, Thursday 1st December 2022
staffordshire.gov.uk/holidayactivities



Scan Me


Department
for Education

 Staffordshire
County Council

HOLIDAY
ACTIVITIES
AND FOOD

What Parents & Carers Need to Know about

HiPAL

AGE RESTRICTION

12+

(with reduced functionality for under-12s)

WHAT ARE THE RISKS?

HiPal is a trending social media app which turns phones into walkie-talkies, allowing people to have voice conversations with friends or strangers. There are two account options: one for users aged under 12 and one for those aged 12 or above. The former has fewer features and limits interaction with strangers, enabling use of the walkie-talkie feature or photo sharing with friends and family only. The 12+ accounts offer more options, including adding strangers as friends, sharing photos and videos publicly, sending private messages and holding voice chats with strangers as well as friends.

CONNECTING WITH STRANGERS

HiPal's under-12 accounts don't allow direct connections with strangers (although children seeking more friends can share their 'Friend Code' on other platforms), but for older users, chatting with strangers seems to be the app's main appeal. The 'Public Square' shows nine online users (hitting 'refresh' replaces these with another nine), and clicking on someone's profile starts a conversation.

SEXTING AND SUGGESTIVE PICS

Almost immediately after our expert downloaded the app, strangers began to message privately – asking for provocative images or sharing explicit photos of themselves. Likewise, in the 'Explore' feed, many of the pictures and videos are innocent – but some are far more salacious. There is always the risk of other users secretly saving a revealing photo and re-sharing it elsewhere.

NEED FOR VALIDATION

Some users – particularly girls – post photos on apps of this type hoping for positive reactions and comments to boost their self-esteem. Suggestive images tend to attract more flattering feedback, encouraging the user to post more frequently and with more explicit content. Conversely, receiving unkind comments about their picture can impact a young user's confidence and sense of self-worth.

NO AGE GATES OR MODERATION

Although users are given an initial choice of the under- or over-12 profile, there is no verification method to confirm someone's age; it is quite clear that the 'older' option offers a more complete experience on the app, but there seems to be no content moderation in place. Likewise, there is a reporting button for users to make a complaint but these reports do not appear to be followed up.

INTRUSIVE FEATURES

HiPal's walkie-talkie gimmick is no different from a normal phone call and seems rarely used; although it allows conversations to still be heard while a phone is locked, which could have awkward results. HiPal also offers 'Boom' messages: unmissable large-text notifications which are highly distracting and briefly take over the phone – users can't access other apps until the message fades.

LARGE GROUP CHATS

The app offers group chats with up to 100 people – both friends and unknown users. This not only means excessive 'Boom' messages taking over your child's device, but near-constant notification alerts and – most worryingly – the potential for walkie-talkie chatting and sharing photos with strangers outside parental supervision and apparently with no moderation from the platform itself.

Advice for Parents & Carers

EMPHASISE CAUTION

Remind your child of the dangers of connecting with strangers online. Some may be using the app innocently; others may have more sinister intentions. Encourage your child to consider what information they disclose in private messages and emphasise that they should inform a trusted adult if someone on the internet ever attempts to persuade them to meet in person.

TALK ABOUT SEXTING

It can be an awkward conversation (which young people are often reluctant to have), but it's vital to talk openly and non-judgementally about sexting. Discuss the legal implications of sharing explicit images, as well as the emotional impact. Make it clear your child should never feel pressured into sexting – and that they should tell a trusted adult if they receive any unwanted explicit images.

BUILD RESILIENCE

With HiPal's lack of moderation, it's imperative that children are prepared for comments they might receive after uploading an image. You can build their resilience and equip them to manage these situations by having them show you any comments they've received. Together, discuss how the nice ones made them feel – and what they could do if someone posted a comment that upset them.

AVOID OVER-SHARING

Young people should think carefully about what they share in their profiles, bio and posts. Talk to your child about not disclosing personal details such as phone numbers, other social media accounts or images which could reveal where they live or go to school. It's essential for children to recognise that strangers can assemble a detailed profile of someone based on things they can find online.

CONSIDER MENTAL WELLBEING

Many users on HiPal publicly share photos that are intended to be alluring in the hope of gaining more likes, friends and positive feedback – boosting their self-esteem and making them feel more self-assured. When young people regularly engage with social media platforms, it's important that parents and carers keep in mind the potential impact such platforms can have on mental wellbeing.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



<https://hipal.app/about/privacy.html>

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