



Friday Post

Friday 30th September 2022

Our School Value: Thankfulness

Dear families,

What a super week we have had in school! Our children's learning continues to impress and we have been making the most of our beautiful school grounds - when the rain lets us! Owls have particularly enjoyed their Andy Goldsworthy themed artwork which you can see below.

As temperatures change, we are all aware that there will be more bugs doing the rounds! Please continue to remind your children of good personal hygiene to help stop the spread of germs in our community.

Our focus on thankfulness has continued this week and I enjoyed meeting with our worship team this afternoon to discuss how we can celebrate our school values even more. We will be launching a new award linked to each half term's value at our Harvest Festival on October 21st- I do hope you will be able to join us.

Have a wonderful weekend, whatever you have planned.
Miss Phillips

Please note it's school census day on **Thursday 6th October** and we would like as many children as possible to order a meal from our school kitchen. The menu for this week only will change to Fish fingers & chips on Thursday, as it's the children's favourite!, and Bolognese on Friday.



Headteacher: Miss C Phillips,
St Leonard's First School & Nursery,
School Lane, Dunston, ST18 9AG
Tel: 01785 712488
E-mail: office@st-leonards-dunston.staffs.sch.uk

 **Staffordshire
University
Academies
Trust**

We are supporting Hello Yellow to raise awareness of children's mental health.

#HelloYellow

Please come to school wearing as much yellow as you can on Monday 10th October 2022



Harvest Service

Friday 21st October 2022



We warmly welcome you to join us for our Harvest Festival at St Leonard's church on Friday 21st October, church will be open from 9:00am and children will arrive approx. 9:30am

Ark bookings

Please note that Ark bookings MUST be made in advance - staff are booked for the hours that have been requested, we might not be able to cover a request made on the day. Children should be collected at the time booked, otherwise a late pick up will be charged. Thank you for your co-operation.

We are looking for a Cleaner

10 hours per week

4pm - 6pm

Start Date: ASAP

Please contact the school office if you are interested.



IMPORTANT

ParentPay Accounts

Please note that ParentPay accounts need to be topped up regularly if your child uses 'Before School Club' or if they have a school meal and they are in Nursery, Y3 or Y4.

Invoices are only issued for After School Care, due to bookings being based on individual needs and MUST be paid in advance.



Class Owls have been continuing their art topic on Andy Goldsworthy. We looked at his work 'Wood Line' and decided to make our own curving pathways using natural materials. We enjoyed collecting sticks, stones and windfall apples from the field and then worked in groups to create our pathways.

Andy Goldsworthy's 'Wood Line'



During art Foxes are drawing pieces of fruit.



A busy week in
Class Hedgehogs



stars of the week



Xander

Imelda

Dexter

Ted

Amber

Lexie

Weekly House Point Tally



Oak

155

Holly

140

Sycamore

68

House Captains placing their winning leaves



Each week the team with the most tokens gains 3 leaves on their tree, 2nd gets 2 leaves and 3rd gets 1 leaf. At the end of the term the team with the most leaves will earn a reward.

Lunchtime Menu ~ 3/10/2022



WEEK 1 MENU		W/C: 09/05 30/05 20/06 11/07 12/09 3/10 24/10				Chartwells So much more than Fantastic Food		
		HOT SPECIALS...	DAILY FAVES...	SIDES...	PACKED LUNCH...	JACKET POTATOES...	PICK A PUDD!	
SPRING/SUMMER 2022	MONDAY	Veggie Burrito 🌱🌱 A soft wrap filled with lightly spiced veggies and rice	Macaroni Cheese 🌱 Traditional Mac 'N' Cheese, delicious macaroni in a creamy cheese sauce	Tomato Pasta 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Green Beans and Sweetcorn	Packed Lunch See below for details	Jacket Potatoes 🌱 A choice of hot and cold fillings	Raspberry Ripple Ice Cream with Fresh Cut Fruit Slices 🌱
	TUESDAY	Allegro's BBQ Chicken Burger, Corn and Pineapple Relish with Potato Wedges BBQ chicken breast burger with zingy corn relish	Allegro's Broccoli And Cauliflower Cheese Pie with Mashed Potato Cheesy broccoli and cauliflower with a shortcrust topping	Tomato Pasta 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Peas and Broccoli	Packed Lunch See below for details	Jacket Potatoes 🌱 A choice of hot and cold fillings or salmon mayonnaise 🌱	Secret Brownie with Fresh Cut Fruit Slices 🌱
	WEDNESDAY	Roast Chicken with Roast Potatoes & Gravy Succulent roast chicken with fluffy roasties and tasty gravy	Quorn Roast with Roast Potatoes and Gravy 🌱 Delicious Quorn roast with fluffy roasties and tasty gravy	Tomato Pasta 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Cabbage	Packed Lunch See below for details	Jacket Potatoes 🌱 A choice of hot and cold fillings	Shortbread Biscuit with Fresh Cut Fruit Slices 🌱
	THURSDAY	Beef Bolognese 🌱 A classic Italian beef bolognese in a yummy tomato sauce	Quorn Hot Dog with Potato Wedges 🌱 A delicious Quorn hot dog	Tomato Pasta 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Broccoli and Sweetcorn	Packed Lunch See below for details	Jacket Potatoes 🌱 A choice of hot and cold fillings	Berry & Peach Oaty Crumble with Custard 🌱
	FRIDAY	Golden Fish Fingers and Chips Crispy fish fingers with scrummy chips	Quorn Nuggets and Chips 🌱 Crispy Quorn nuggets with their favourite sauce - ketchup	Tomato Pasta 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans, Carrots and Peas	Packed Lunch See below for details	Jacket Potatoes 🌱 A choice of hot and cold fillings	Lemon Slice with Fresh Cut Fruit Slices 🌱

PACKED LUNCH - AVAILABLE DAILY
HAM AND CHEESE OR DAILY SPECIAL WITH VEG STICKS AND FRESH FRUIT OR BEAR YOYO OR DESSERT OF THE DAY

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

🌱 Vegetarian 🐟 Oily fish 🌾 Wholegrain
🍌 Fruity! 🍷 Nutritionist's Choice



No nuts please

Please note due to children in school with allergies please do not send any products containing nuts into school for break or lunch times. Thank you for your co-operation.

Dinner Money

A reminder that dinners now cost £2:45 per day.



Children in Nursery and Years 3 & 4 need to keep their ParentPay balances topped up.

Children in Reception, Years 1 & 2 qualify for Universal Free School meals.



School photo proofs

All photo proofs have now been sent home if you wish to order through school please make sure your orders are handed into the office by **Monday 10th October**. Thank you

DATES TO REMEMBER

Thursday 6th October	Census Day - menu change
Monday 10th October	Dress in yellow for Hello Yellow Day
Wednesday 12th October	Y3 & Y4 Cross Country @ Marshbrook 4pm
Tuesday 18th October	Parents Evening - <i>more info to follow</i>
Wednesday 19th October	Parents Evening - <i>more info to follow</i>
Friday 21st October 9.30am	Harvest service at Dunston church
Monday 24th October - Friday 28th October	Half Term
Monday 31st October	Inset Day - school closed to children
Monday 19th December - Monday 2nd January	Christmas holidays
Tuesday 3rd January 2023	Inset Day - school closed to children
Friday 17th February	Inset Day - school closed to children
Monday 20th February - Friday 24th February	Half Term
Monday 3rd April - Friday 14th April	Easter Holidays

This week during worship we are learning:

'If I were a Butterfly'

<https://www.youtube.com/watch?v=o6WeVBHtL9o>

Please follow the link above to hear the music



**Do you have a child who is
neurodiverse or has traits of
neurodiversity?**



Parent & Carer Support Group

- **AUTISM**
- **ADHD**
- **TICS**
- **TOURETTES**
- **FOETAL ALCOHOL SYNDROME**
- **DYSPRAXIA**
- **INTELLECTUAL DISABILITY**



**Join us at our brand new support group in
Armitage every 3rd Friday of the month from
10am –12pm**



For more information contact

Tel: 01782 977877

Or email:

staffordshirewb@actionforchildren.org.uk

Staffordshire
Emotional Wellbeing
Service

Wellbeing Day

October Half-Term



- ⇒ Practical tips and advice
- ⇒ Fun activities for all ages
- ⇒ Freebies
- ⇒ Safe environment
- ⇒ Free refreshments
- ⇒ Workshops for parents/carers



Bring your children and young people
along to learn about their big feelings
and emotions in a fun & interactive
way!!

**See
you
there!!**

**5 years to 18 years
Wednesday 26th October
10am—3pm**

Brampton Park, Newcastle-under-Lyme, ST5 1JH

Children to be accompanied by parent or carer

Staffordshire SENDIASS is delighted to host this FREE online training session delivered by Midlands Partnership Foundation Trust, for parents of children with SEND in Staffordshire

Speech and Language Taster Workshops

The workshop will be aimed particularly at children in the early years but will be relevant for parents of children with speech and language difficulties.

The session will cover:

- why communication is important
- the elements that make up communication
- jargon buster
- general strategies to support communication at home
- tips to share with nursery or school
- activities and resources to take away

By the end of the course parents should have an understanding of the key elements that make up communication, will have tools to identify areas to support their child and strategies and activities to try at home.

The workshops will be delivered **online via Microsoft Teams**

The sessions will be held on:

27 th September 2022	10am – 11.30am
27 th September 2022	12.30pm – 2.30pm
4 th October 2022	6.30pm – 8.00pm

Places are strictly limited and will be offered on a first come first served basis, please indicate the session you would like to attend.

If you would like to request a booking form, please email;

sun@staffordshire.gov.uk

When we have received your completed form, we can then confirm if you have been allocated a place

Staffordshire SENDIASS is delighted to host this FREE training session delivered by Midlands Partnership Foundation Trust

For parents of children with SEND in Staffordshire

Exploring Anxiety and Low Mood in Children and Young People

A parent workshop designed for families supporting children and young people with SEND.

This workshop will focus on low-moderate level anxiety and low mood in young people. We will look at:

- Understanding anxiety and low mood
- Exploring anxiety and low mood with your child/young person
- Practical strategies for supporting anxiety and low mood alongside SEND
- Further support and resources available

There are two dates to choose from

Wednesday 28 th September 2022	9.30am - 2.30pm	Branston Golf & Country Club, Burton on Trent
Monday 3 rd October 2022	9.30am – 2.30pm	Families First, Faraday Road

A FREE lunch will also be provided. If you would like to attend, please email to request a booking form:

sun@staffordshire.gov.uk

Places are strictly limited and will be allocated on first come first served basis.

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For parents of children with SEND in Staffordshire

Movement Wise Workshop for Parents & Carers

Aims-

- Help parents/carers understand movement difficulties
- Help parents/carers manage impact of movement difficulties at home / school
- Share ideas resources and sources of help
- Learn from each other
- Signpost to other useful sources of information

Originally designed as a face to face 1 day session the training has been condensed for online and **participants will need to be able to access Microsoft Teams** to join the session

The session will cover:

- General Approaches to support the teaching and learning of functional/everyday life skills
- Specific ideas and strategies for the teaching and learning of functional/everyday life skills like getting dressed, using cutlery, using the toilet, using school related tools like pencils and scissors

There are 2 sessions to choose from

Wednesday 12 th October 2022	6pm – 8pm
Wednesday 19 th October 2022	10.30am – 12.30pm

If you would like to attend, please email to request a booking form:

sun@staffordshire.gov.uk

Places are strictly limited and will be allocated on first come first served basis.

It has arrived! Space from Anxiety programme for Teenagers



Silvercloud is an online self-help programme for young people who are 15+ to help to you understand your anxiety and worries

87% of young people found it useful

91% of young people found it interesting



"With regard to the programme I've learnt everything I needed to know in terms of my mental health. I'm now having a fresh start and feel better about everything. I wanted to say thank you for all of your help. I truly appreciate it"

Silvercloud Young Person User

SCAN ME



You can sign up for free and work through it in your own time .

<https://actionforchildren.silvercloudhealth.com/signup/>