

## Y1/2 Year A Spring Term

### Topic: This Is Me

### Subject: DT – Healthy Me, Fruit and Veg

#### National Curriculum Objectives

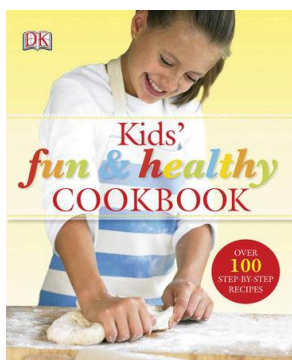
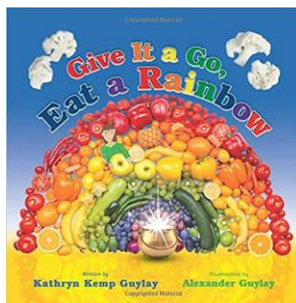
- design purposeful, functional, appealing products for themselves and other users based on design criteria
- generate, develop, model and communicate their ideas through talking, drawing, templates, mock-ups and, where appropriate, information and communication technology
- select from and use a range of tools and equipment to perform practical tasks [for example, cutting, shaping, joining and finishing]
- select from and use a wide range of materials and components, including construction materials, textiles and ingredients, according to their characteristics
- evaluate their ideas and products against design criteria
- use the basic principles of a healthy and varied diet to prepare dishes
- understand where food comes from.

#### Links to our school values

Thankfulness

#### Texts to support learning

##### Non-Fiction



#### Key Knowledge and Vocabulary

Identify, name and describe familiar **fruits** and **vegetables**

Gather data about the most popular fruits and vegetables

Present **data** in a **pictogram**

Identify and know the name of different parts of fruits and vegetables, such as the **skin**, **flesh** and **seeds**

Explore a range of fruits and vegetables using their different senses (link to Science this term on the senses)

Draw, label and describe a variety of fruits and vegetables

Know that some food preparation **tools**, such as knives and **graters** can be dangerous if not used carefully and properly

Identify ways of working safely with sharp objects such as knives and graters

Know that **hygiene** is important when handling and preparing food

Identify ways of working hygienically with food

Understand how to follow health and safety procedures when preparing food (*Link to last term's PSHE – hygiene*)

Know that fruits and vegetables are an important part of a **healthy diet** (*Link to this term's Science – Humans and last term's PSHE – healthy diet*)

**Design** a **salad** or **smoothie** for a particular purpose

Identify what **ingredients** and tools they will need to make their salad or smoothie

Identify and follow rules for food safety and hygiene

Know how to follow a **design** to make a smoothie or salad

**Evaluate** their finished **products** and say what they think and feel about them